

If you have questions about community resources, please call the Chippewa Valley Schools Community Resource Message Line at 586-723-2280. (Calls are monitored between 8 am and 4 pm weekdays.)

RESOURCES TO ASSIST FAMILIES DURING THE CORONAVIRUS OUTBREAK

Macomb County Crisis Center - Call 586-307-9100 to Talk with a Trained Counselor

If you are in a crisis or overwhelmed by any situation 24 hours a day, 7 days a week Private, confidential, and you don't have to give your name

Macomb County Health Department COVID 19 Help-Line - 586-463-3750

8:30 to 5 pm Monday-Friday

COVID-19 Drive-Up Testing at MyCare Health Center (Center Line)

10 am to 3 pm, Monday-Friday 6790 East 10 Mile *To Get a Prescription for Testing,* call 586-756-7777 or 586-783-2222 between 8:30 am and 5 pm *Already Have a Prescription,* call 586-519-9263 to schedule testing during the hours noted above

OTHER COVID-19 Drive-Up Testing Sites in Macomb County

Visit: https://www.macombgov.org/Covid19

If you have concerns about your child or teen, e.g. adjustment to the current situation, signs of depression and/or anxiety, or substance use, etc., you can discuss these concerns with your school's counselor, social worker, or school psychologist. Check your school's website for the email address OR call 586-723-2280 (the CVS Community Resource Message Line) and you will be connected.

EMERGENCY FOOD PANTRIES

Additional pantries are listed on the Macomb County Government website: <u>https://www.macombgov.org/</u>

St. Vincent DePaul	Wednesday & Friday 9:30 am - 12 pm
110 New Street	Picture ID required
Mt. Clemens	Drive up service at white tent next to Rectory
586-468-6522	Middle of block S. Gratiot & Pine

Hope Food Panty 35127 Garfield Rd (at 15 Mile) Clinton Twp.

Heritage Church Food Pantry 44625 Schoenherr Rd Sterling Heights 586-997-9490

Lighthouse 28571 Gratiot Roseville 586-776-1230

Faith Lutheran Food Pantry 50600 Shelby Rd, South of 23 Mile Utica, MI 48317 586-731-811

Immanuel Lutheran Food Pantry 47120 Romeo Plank Road Macomb 586- 286-4231

Family Resource Center Food Pantry 196 N. Rose Mt. Clemens 586-469-2572

Central Bible Church Food Pantry

38900 Moravian Dr. Clinton Twp. 586-465-2828

Veteran's Food Bank Food Pantry

18025 15 Mile Road Clinton Twp. 586-776-9810 By appointment: 586-296-8760

Saturdays 9:30 am Drive through/Photo ID required

Monday – Thursday 9 am - 3 pm Friday 9 am - 1 pm Emergency gift baskets only during crisis Families can sign up for regular food needs after Stay home order end

Mondays and Fridays 9 am - 12 noon

Mon. & Thur. 1:00 pm - 5 pm By appointment only

Monday - Thursday 10 am -2 pm Fri.10 am -1:00 pm

2nd Thursday 12 - 2 pm and the following Saturday 12 -2 pm

Monday – Friday 10 am - 4 pm

OTHER EMERGENCY SERVICES

Emergency Relief: Home, Utilities & Burial

Michigan Department of Health and Human Services <u>https://www.michigan.gov/mdhhs/0,5885,7-339-71547_5531---,00.html</u> **Programs to Assist with Food, Mortgage, Rent, Utilities, Medical Bills, Transportation** 24 hours a day, 7 days a week Call the United Way 211 or 1-800-552-1183, or text your zip code to 8982

Services to End Domestic and Sexual Violence 24 hours a day, 7 days a week Turning Point <u>https://turningpointmacomb.org/resources/</u> Crisis line 586 463-6990, Shelter, Forensic Nurse Examiner

SUSPECTED ABUSE OR NEGLECT OF A CHILD OR TEEN

Children's Protective Service 24 hours a day, 7 days a week Call 855-444-3911 to report One number. One call. One person can make a difference.

MENTAL HEALTH SERVICES

Macomb County Community Mental Health Services (All Forms of Medicaid Eligible) For all ages 586-948-0222

Adolescent Outreach Program (available throughout the summer)

No Cost Telehealth Sessions for Middle and High School Students Macomb Family Services Licensed therapists work with youth for up to 6 free sessions Call 586-226-3400, press 0

No Cost Materials and Videos to Help Deal with Depression and Other Emotional Concerns

For students, ages 13 years and over, and adults MyStrengh.com Macomb County Crisis Center <u>www.myStrength.com</u> Click on "Sign Up" Use the Access Code: MCCMHcomm

EMPLOYMENT ASSISTANCE FOR YOUTH

For youth ages 16-24 years Michigan Works has the Young Professional Program for Macomb County <u>https://macomb-stclairworks.org/yp/</u>

SUBSTANCE ABUSE AND RECOVERY SERVICES

On-Line Recovery Support Programs CARE of SE Michigan www.careofsem.com

No Cost Help for Parents Dealing with a Child's Alcohol, Marijuana, or Other Drug Use

Partnership for Drug-Free Kids On-Line resources available at <u>https://drugfree.org/</u> To speak to a Specialist call 1-855-378-4373

CLINTON MACOMB PUBLIC LIBRARY SERVICES

24 hours a day, 7 days a week Access to audiobooks, TV shows, other entertainment, and virtual tutoring Student ID allows access https://cmpl.org/virtual-cmpl/

PARENTING

No Cost On-line Parenting Classes for Parents of Children Pre-School -Teens

CARE of SE Michigan Call 586-541-2270 or register on-line <u>www.careofsem.com</u>

VISIT THE CHIPPEWA VALLEY SCHOOLS' WEBSITE AND YOUR SCHOOL'S WEBSITE FOR HELPFUL INFORMATION ABOUT DEALING WITH ISSUES RELATED TO THE CORONA VIRUS OUTBREAK.

Please help keep our resource list current by calling 586-723-2280, if you have information on an additional service or if a service listed has ended.