



Heating Instructions for Virtual Meal Bags

Bosco Sticks

Cook from Thawed: Preheat oven to 400°F.
Cook for 7-9 minutes.

Mini Corn Dogs

Cook from Frozen: 350°F for 15 minutes
Cook from Thawed: 350°F for 10 minutes
Microwave frozen for 60 seconds
Microwave thawed for 30 seconds
Or until Internal temperature reaches 165°F

Grilled Cheese Sandwich

**Do not remove packaging before heating.
**Recommend cooking from thawed state.
Cook from Frozen: 325°F—18 minutes
Cook from Thawed: 350°F—12 minutes
Microwave from Thawed: Open one end of package.
Heat for 40-50 seconds.
Or until product reaches internal temperature of
160°F

Pizza Calzone

**Do not remove packaging before heating
**Recommend cooking from thawed state
Cook from thawed: 350°F for 12-15 minutes.

Mini Twin Cheeseburger Sliders

**Do not remove packaging before heating.
**Recommend cooking from thawed state
Preheat oven to 275 degrees F. Heat sealed/
wrapped sandwich for 18-20 minutes. (Do not heat
above 275°F).
Microwave: full power for 1 minute. Times may vary,
adjust accordingly.
***Please note: THIS PRODUCT is FULLY cooked
and can be eaten from a thawed state. Recommend
warming for best quality.**

Chicken Products (Nuggets/Tenders)

Place on a baking sheet.
Cook from Frozen: 350°F for 10-14 minutes
Cook from Thawed: 400°F for 10-14 minutes
Or until internal temperature reaches 165°F
***Please note: THIS PRODUCT is FULLY cooked
and can be eaten from a thawed state. Recommend
warming for best quality.***

Taco Meat

Cook from Frozen in pot/pan until temperature reaches
165°F

***Please note: THIS PRODUCT is FULLY cooked
and can be eaten from a thawed state. Recommend
warming for best quality.***

Cheese & Beans

Thaw frozen cheese cup and beans overnight in
fridge. Heat separately in pan on medium heat or in
microwave until hot or reaches an internal tempera-
ture of 135F.

Tater Tots

Bake from frozen at 425F for 8-12 minutes. Turn
once for even cooking

Cold foods (milk, packaged fruit, string cheese)
will need to be kept cold, below 41 degrees.
Items left at room temperature for more than 2
hours should be discarded.

Frozen foods (frozen veggies/beans, entrees)
will need to be kept frozen, below 0 degrees
before cooking.

Shelf-stable products (apple sauce cups, cereal
bar, pop-tarts, tortilla chips) do not need to be
refrigerated and should be discarded by expira-
tion date or “best if used by” date. These prod-
ucts are safe at room temperature.

We thank you for choosing to eat with us and
hope you will enjoy the included breakfast and
lunch options! Meals should be stored in the re-
frigerator within 1 hour. Please consume or dis-
card any perishable leftovers with 7 days unless
prepackaged with a use-by-date.

