

High School

NOVEMBER

Monthly Special:

**Spicy Chicken
Salad**

BREAKFAST is served
daily CVHS, DHS & C9.
Check your school for
times.

Daily Offerings Available to ALL Students:

Crispy Chicken Sandwich
Italian Sub
Turkey, Bacon & Cheese Sub
Hummus Veggie Wrap (T-Fr)
Pepperoni/Cheese Pizza
PB&J Uncrustable
Hamburger/Cheeseburger
Antipasto Salad
Chicken Caesar Salad
Greek Salad

All Options Include:



1 cup Fruit
1 cup Vegetable
Choice of Milk

Vegetable Choices:

Corn
Carrot Sticks
Celery Sticks
Broccoli Bites
Hummus



Student and Family Food Service
Feedback Form!

Monday	Tuesday	Wednesday	Thursday	Friday
30 Buffalo Grilled Chicken Wrap Sun Chips Sliced Cucumbers & Carrots w/ Ranch	31 Nacho Supreme Refried Beans Salsa/ Sour Cream Carrot Sticks w/ Ranch	1 The Boat Chicken Poppers over Mashed Potatoes, Corn & Gravy Dinner Roll	2 Orange Chicken Brown Rice Steamed Broccoli	3 Hot N' Spicy Chicken Sandwich Celery w/ Ranch Spinach & Romaine Salad
6 Boneless Chicken Wings Waffle Fries Sliced Cucumbers Dinner Roll Ranch/Ketchup	7 	8 Chicken Nuggets Tater Tots Carrots w/ Ranch Dinner Roll BBQ Sauce/Ketchup	9 Chicken Ranchero Wrap Carrots & Celery w/ Ranch	10 Bosco Sticks Marinara Dip Sauce Spinach & Romaine Salad
13 Super Soft Pretzel w/ Cheese Turkey Snack Stick Celery & Cauliflower w/ Ranch	14 Nacho Supreme Refried Beans Salsa/ Sour Cream Carrot Sticks w/ Ranch	15 Chicken Nuggets Corn Carrot Sticks Dinner Roll BBQ Sauce/ Ranch	16 General Tso Chicken Brown Rice Steamed Broccoli	17 BBQ Chicken Nachos w/ salsa & sour cream Spinach & Romaine Salad
20 Chip-Filet Chicken Sandwich w/ American cheese, lettuce, pickles + mayo Cauliflower & Carrots w/ Ranch	21 Walking Taco Seasoned Black Beans Salsa/ Sour Cream Carrot Sticks w/ Ranch	22 	23	24
27 Spicy Chicken Wrap Sliced Cucumber & Carrots w/ Ranch	28 Nacho Supreme Refried Beans Salsa/ Sour Cream Carrot Sticks w/ Ranch	29 The Boat Chicken Poppers over Mashed Potatoes, Corn & Gravy Dinner Roll	30 Orange Chicken Brown Rice Steamed Broccoli	1 Big Chip Burger w/ American cheese, lettuce, pickles + mayo Celery w/ Ranch Spinach & Romaine Salad Ketchup/Mustard

If you have a food allergy please be aware that CVS prepares food that may contain or have come into contact with peanuts, nuts or other possible allergens.