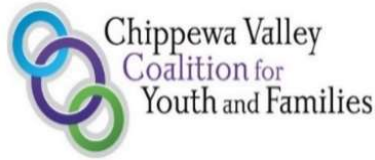


April 20, 2020 (This list will be periodically updated.)



If you have questions about community resources, please call the Chippewa Valley Schools Community Resource Message Line at 586-723-2280. (Calls are monitored between 8 am and 4 pm weekdays.)

RESOURCES TO ASSIST FAMILIES DURING THE CORONAVIRUS OUTBREAK

Macomb County Crisis Center - Call 586-307-9100 to Talk with a Trained Counselor

If you are in a crisis or overwhelmed by any situation
24 hours a day, 7 days a week
Private, confidential, and you don't have to give your name

Macomb County Health Department COVID 19 Help-Line - 586-463-3750

8:30 to 5 pm Monday-Friday

COVID-19 Drive-Up Testing at MyCare Health Center (Center Line)

10 am to 3 pm, Monday-Friday
6790 East 10 Mile

*To Get a Prescription for Testing, call 586-756-7777 or 586-783-2222 between 8:30 am and 5 pm
Already Have a Prescription, call 586-519-9263 to schedule testing during the hours noted above*

If you have concerns about your child or teen, e.g. adjustment to the current situation, signs of depression and/or anxiety, or substance use, etc., you can discuss these concerns with your school's counselor, social worker, or school psychologist.

**Check your school's website for the email address OR
call 586-723-2280 (the CVS Community Resource Message Line) and you will be connected.**

EMERGENCY FOOD PANTRIES

Additional pantries are listed on the Macomb County Government website:

<https://www.macombgov.org/>

St. Vincent DePaul
110 New Street
Mt. Clemens
586-468-6522

Wednesday & Friday 9:30 am - 12 pm
Picture ID required
Drive up service at white tent next to Rectory
Middle of block S. Gratiot & Pine

Hope Food Panty

35127 Garfield Rd (at 15 Mile)
Clinton Twp.

By appointment: 586-296-8760

Heritage Church Food Pantry

44625 Schoenherr Rd
Sterling Heights
586-997-9490

Saturdays 9:30 am
Drive through/Photo ID required

Lighthouse

28571 Gratiot
Roseville
586-776-1230

Monday – Thursday 9 am - 3 pm
Friday 9 am - 1 pm
Emergency gift baskets only during crisis
Families can sign up for regular food needs after
Stay home order end

Faith Lutheran Food Pantry

50600 Shelby Rd, South of 23 Mile
Utica, MI 48317
586-731-811

Mondays and Fridays
9 am - 12 noon

Immanuel Lutheran Food Pantry

47120 Romeo Plank Road
Macomb
586- 286-4231

Mon. & Thur. 1:00 pm - 5 pm
By appointment only

St. Paul of Tarsus Food Pantry

41300 Romeo Plank
Clinton Twp.
586-228-1210 #5

Monday, Wednesday, & Thursday 10 am -2 pm

Family Resource Center Food Pantry

196 N. Rose
Mt. Clemens
586-469-2572

Monday - Thursday 10 am -2 pm
Fri.10 am -1:00 pm

Central Bible Church Food Pantry

38900 Moravian Dr.
Clinton Twp.
586-465-2828

2nd Thursday 12 - 2 pm and the
following Saturday 12 -2 pm

Veteran's Food Bank Food Pantry

18025 15 Mile Road
Clinton Twp.
586-776-9810

Monday – Friday 10 am - 4 pm

OTHER EMERGENCY SERVICES

Emergency Relief: Home, Utilities & Burial

Michigan Department of Health and Human Services

https://www.michigan.gov/mdhhs/0,5885,7-339-71547_5531---,00.html

Programs to Assist with Food, Mortgage, Rent, Utilities, Medical Bills, Transportation

24 hours a day, 7 days a week

Call the United Way

211 or 1-800-552-1183, or text your zip code to 8982

Services to End Domestic and Sexual Violence

24 hours a day, 7 days a week

Turning Point

<https://turningpointmacomb.org/resources/>

Crisis line 586 463-6990, Shelter, Forensic Nurse Examiner

SUSPECTED ABUSE OR NEGLECT OF A CHILD OR TEEN

Children's Protective Service

24 hours a day, 7 days a week

Call 855-444-3911 to report

One number. One call. One person can make a difference.

MENTAL HEALTH SERVICES

Macomb County Community Mental Health Services (All Forms of Medicaid Eligible)

For all ages

586-948-0222

Adolescent Outreach Program (available throughout the summer)

No Cost Telehealth Sessions for Middle and High School Students

Macomb Family Services

Licensed therapists work with youth for up to 6 free sessions

Call 586-226-3400, press 0

No Cost Materials and Videos to Help Deal with Depression and Other Emotional Concerns

For students, ages 13 years and over, and adults

MyStrength.com

Macomb County Crisis Center

www.myStrength.com Click on "Sign Up"

Use the Access Code: MCCMHcomm

SUBSTANCE ABUSE AND RECOVERY SERVICES

On-Line Recovery Support Programs

CARE of SE Michigan

www.careofsem.com

No Cost Help for Parents Dealing with a Child's Alcohol, Marijuana, or Other Drug Use

Partnership for Drug-Free Kids

On-Line resources available at <https://drugfree.org/>

To speak to a Specialist call 1-855-378-4373

CLINTON MACOMB PUBLIC LIBRARY SERVICES

24 hours a day, 7 days a week

Access to audiobooks, TV shows, other entertainment, and virtual tutoring

Student ID allows access

<https://cmpl.org/virtual-cmpl/>

PARENTING

No Cost On-line Parenting Classes for Parents of Children Pre-School -Teens

CARE of SE Michigan

Call 586-541-2270 or register on-line www.careofsem.com

VISIT THE CHIPPEWA VALLEY SCHOOLS' WEBSITE AND YOUR SCHOOL'S WEBSITE FOR HELPFUL INFORMATION ABOUT DEALING WITH ISSUES RELATED TO THE CORONA VIRUS OUTBREAK.

**Please help keep our resource list current by calling 586-723-2280,
if you have information on an additional service or if a service listed has ended.**