April 20, 2020 (This list will be periodically updated.)

If you have questions about community resources, please call the Chippewa Valley Schools Community Resource Message Line at 586-723-2280. (Calls are monitored between 8 am and 4 pm weekdays.)

RESOURCES TO ASSIST FAMILIES DURING THE CORONAVIRUS OUTBREAK

**Macomb County Crisis Center - Call 586-307-9100 to Talk with a Trained Counselor**
If you are in a crisis or overwhelmed by any situation
24 hours a day, 7 days a week
Private, confidential, and you don’t have to give your name

**Macomb County Health Department COVID 19 Help-Line - 586-463-3750**
8:30 to 5 pm Monday-Friday

**COVID-19 Drive-Up Testing at MyCare Health Center (Center Line)**
10 am to 3 pm, Monday-Friday
6790 East 10 Mile
*To Get a Prescription for Testing, call 586-756-7777 or 586-783-2222 between 8:30 am and 5 pm*  
*Already Have a Prescription, call 586-519-9263 to schedule testing during the hours noted above*

If you have concerns about your child or teen, e.g. adjustment to the current situation, signs of depression and/or anxiety, or substance use, etc., *you can discuss these concerns with your school’s counselor, social worker, or school psychologist.*
Check your school’s website for the email address OR
call 586-723-2280 (the CVS Community Resource Message Line) and you will be connected.

**EMERGENCY FOOD PANTRIES**

Additional pantries are listed on the Macomb County Government website:  
[https://www.macombgov.org/](https://www.macombgov.org/)

**St. Vincent DePaul**
110 New Street
Mt. Clemens
586-468-6522

Wednesday & Friday 9:30 am - 12 pm
Picture ID required
Drive up service at white tent next to Rectory
Middle of block S. Gratiot & Pine
**Hope Food Pantry**  
35127 Garfield Rd (at 15 Mile)  
Clinton Twp.  
By appointment: 586-296-8760

**Heritage Church Food Pantry**  
44625 Schoenherr Rd  
Sterling Heights  
586-997-9490  
Saturdays 9:30 am  
Drive through/Photo ID required

**Lighthouse**  
28571 Gratiot  
Roseville  
586-776-1230  
Monday – Thursday 9 am - 3 pm  
Friday 9 am - 1 pm  
Emergency gift baskets only during crisis  
Families can sign up for regular food needs after Stay home order end

**Faith Lutheran Food Pantry**  
50600 Shelby Rd, South of 23 Mile  
Utica, MI 48317  
586-731-811  
Mondays and Fridays  
9 am - 12 noon

**Immanuel Lutheran Food Pantry**  
47120 Romeo Plank Road  
Macomb  
586-286-4231  
Mon. & Thur. 1:00 pm - 5 pm  
By appointment only

**Family Resource Center Food Pantry**  
196 N. Rose  
Mt. Clemens  
586-469-2572  
Monday - Thursday 10 am -2 pm  
Fri.10 am -1:00 pm

**Central Bible Church Food Pantry**  
38900 Moravian Dr.  
Clinton Twp.  
586-465-2828  
2nd Thursday 12 - 2 pm and the following Saturday 12 -2 pm

**Veteran's Food Bank Food Pantry**  
18025 15 Mile Road  
Clinton Twp.  
586-776-9810  
Monday – Friday 10 am - 4 pm
OTHER EMERGENCY SERVICES

Emergency Relief: Home, Utilities & Burial
Michigan Department of Health and Human Services
https://www.michigan.gov/mdhhs/0,5885,7-339-71547_5531---,00.html
Programs to Assist with Food, Mortgage, Rent, Utilities, Medical Bills, Transportation
24 hours a day, 7 days a week
Call the United Way
211 or 1-800-552-1183, or text your zip code to 8982

Services to End Domestic and Sexual Violence
24 hours a day, 7 days a week
Turning Point
https://turningpointmacomb.org/resources/
Crisis line 586 463-6990, Shelter, Forensic Nurse Examiner

SUSPECTED ABUSE OR NEGLECT OF A CHILD OR TEEN
Children’s Protective Service
24 hours a day, 7 days a week
Call 855-444-3911 to report
One number. One call. One person can make a difference.

MENTAL HEALTH SERVICES

Macomb County Community Mental Health Services (All Forms of Medicaid Eligible)
For all ages
586-948-0222

Adolescent Outreach Program (available throughout the summer)
No Cost Telehealth Sessions for Middle and High School Students
Macomb Family Services
Licensed therapists work with youth for up to 6 free sessions
Call 586-226-3400, press 0

No Cost Materials and Videos to Help Deal with Depression and Other Emotional Concerns
For students, ages 13 years and over, and adults
MyStreng.com
Macomb County Crisis Center
www.myStreng.com Click on “Sign Up”
Use the Access Code: MCCMHcomm

SUBSTANCE ABUSE AND RECOVERY SERVICES
On-Line Recovery Support Programs
CARE of SE Michigan
www.careofsem.com

No Cost Help for Parents Dealing with a Child’s Alcohol, Marijuana, or Other Drug Use
Partnership for Drug-Free Kids
On-Line resources available at https://drugfree.org/
To speak to a Specialist call 1-855-378-4373

CLINTON MACOMB PUBLIC LIBRARY SERVICES
24 hours a day, 7 days a week
Access to audiobooks, TV shows, other entertainment, and virtual tutoring
Student ID allows access
https://cmpl.org/virtual-cmpl/

PARENTING

No Cost On-line Parenting Classes for Parents of Children Pre-School - Teens
CARE of SE Michigan
Call 586-541-2270 or register on-line www.careofsem.com

VISIT THE CHIPPEWA VALLEY SCHOOLS’ WEBSITE AND YOUR SCHOOL’S WEBSITE FOR HELPFUL INFORMATION ABOUT DEALING WITH ISSUES RELATED TO THE CORONA VIRUS OUTBREAK.

Please help keep our resource list current by calling 586-723-2280, if you have information on an additional service or if a service listed has ended.