

REGISTRATION IS  
LIMITED  
REGISTER EARLY!

FRIDAY ■ JANUARY 26TH ■ 2024

## USE YOUR VOICE: GIRLS GETTING AHEAD

*Empowering Our Girls for the Future*

### Workshops for Girls in Grades 6-8:

- Self Esteem
- Mental Health/Coping with Stress
- Drug & Alcohol Awareness/Resistance
- *Let's Get Moving!* Yoga & Zumba



Separate parent program includes Teen Panel/Talking to Your Student About Drugs

Friday, January 26<sup>th</sup>, 2024

6:00 – 8:30 PM

DAKOTA HIGH SCHOOL 9<sup>TH</sup> GRADE CENTER  
21055 21 Mile Road – Macomb 48044

Enter through WEST ATHLETIC DOORS  
Questions??? Call (586) 723-2872

Pizza served from 6 – 6:30 PM

Program starts promptly at 6:30 PM

REGISTER ONLINE BY [JANUARY 23, 2024](#)

NO WALK-IN REGISTRATIONS



EVENT IS **FREE!**

A SMALL DONATION TO OUR SPONSOR,  
CHIPPEWA VALLEY COALITION FOR YOUTH & FAMILIES,  
WOULD BE GREATLY APPRECIATED! VISIT [www.CVCOALITION.org](http://www.CVCOALITION.org)