CHIPPEWA VALLEY SCHOOLS
Adult & Community Education
Youth & Adult Enrichment Classes
• Aquatics • Trips
Adult Education & More!
Spring 2019
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ARTS & CRAFTS

CARDMAKING
Join this class to make 10 new, unique, and beautiful cards in two hours. Join us for a fun way to learn about paper crafting. No previous experience required. All supplies are provided in the material fee of $10, to be paid to instructor at beginning of class. Any additional questions about the class, NOT REGISTRATION, should be directed marie_holmes@outlook.com.

Age: 16+
Instructor: Marie A. Holmes
          (480112-11) Erie Elementary Cafeteria
Tue 5/7/19 7:00pm-9:30pm $10 1 class

LEARN MY SERGER
Use your machine or ours. Learn Serger basics such as threading, tension control, knives, and changing needles. Bring your Serger, manual, and all accessories (if you have one). Supplies: 4-5 Serger cone threads (to match dots on your machine), scissors and tweezers. E-mail sewmanythingsle@yahoo.com to get your supply list not included in class.

Age: 14+
          (460109-07)
Wed 4/10/19 12:00pm-3:00pm $43 1 class
          (460109-08)
Sun 5/5/19 12:00pm-3:00pm $43 1 class

MACHINE EMBROIDERY BASICS
You must already know how to use your machine for this class. We will aid you in learning the embroidery feature of your machine. You will learn how to hoop your fabric, pull up a design, and embroider it. Subjects such as stabilizer, embroidery thread, bobbin thread, and much more will be covered. E-mail sewmanythingsle@yahoo.com to get your supply list not included in class.

Ages: 14+
          (460109-21)
Sun 4/28/19 1:00pm-4:00pm $50 1 class
          (460109-22)
Wed 5/15/19 1:00pm-4:00pm $50 1 class
          (460109-23)
Tue 6/4/19 1:00pm-4:00pm $50 1 class

LEARN MY SEWING MACHINE
You are given the choice of bringing in your machine or use ours. Class will cover sewing basics such as threading your machine, tension control, bobbin tension, specialty stitches, blind hemming and button holes. Bring sewing machine, manual and accessories (if you have one). All students bring scissors, thread, and tweezers. E-mail sewmanythingsle@yahoo.com to get your supply list not included in class.

Age: 14+
          (460109-05)
Wed 4/24/19 1:00pm-4:00pm $43 1 class
          (460109-06)
Fri 5/10/19 1:00pm-4:00pm $43 1 class

QUILTER’S ACADEMY 200
Pre-Req.: Quilting Academy 100 and must know terminology. The class is geared towards beginner quilters wanting to expand their skill with rotary cutting a speed piecing in construction of your blocks. You will learn to construct 4 new pieced blocks and 1 paper pieced block. You will finish your quilt top, learn to add corner points to sashings & borders. Learn how to miter borders the correct way and quilt each block using a walking foot. Also learn different ways to bind your quilt. Bring your own sewing machine if you have one. The book from Quilter’s Academy, Start Quilting with Alex Anderson, is included. E-mail sewmanythingsle@yahoo.com to get your supply list not included in class.

Ages: 14+
          (460109-03)
Mon 5/13/19 12:00pm-4:00pm $134 5 wks
EDUCATIONAL

INTRODUCTION TO MEDICAL CODING
Learn about careers in this growing industry. Find out median wages, the laws, terminology, and how to use the coding books. These books include CPT, ICD 10 CM and HCPCS. This introduction gives a good understanding of coding basics to build upon and make it clear if medical coding is the career for you. Any additional questions about the class, NOT REGISTRATION, should be directed to essentialsolutions6@gmail.com.

Instructor: Tricia Prater
Location: Iroquois Cafeteria
Mon 5/8/19 7:30pm-8:45pm $40 4 wks

FIRST AID W/CPR/AED
Rescuers learn to recognize and help victims when faced with life-threatening emergencies. Manage sudden illness and injuries in the first few minutes until professional help arrives. Training includes CPR for all ages, use of AEDs, and use of barrier devices. Satisfies state requirement for Teachers, Child Day Care & Adult Day Care Licensing and OSHA requirements for First Responders. An American Heart Association Heartsaver First Aid with CPR/AED card, valid for two years, is issued to participants who successfully complete the course. Additional material Fee of $20 to be paid to instructor at beginning of class.

Ages: 14+
Instructor: A1 Health & Safety
Location: Henry Ford Macomb Hospital Offices, 15855 19 Mile Road, Clinton Township, MI 48038
Room: Conference 4, 4th floor Medical Pavilion or McAuley A

CONFIRM ROOM AT INFO DESK IN MAIN LOBBY
Sat 5/11/19 9:00am-4:00pm $93 1 day
Sat 6/15/19 9:00am-4:00pm $93 1 day

MEDICARE MADE CLEAR
The goal is to make Medicare easier to understand. The presentation will help you learn the basics of Medicare, discover when you can enroll, get to know what coverage options are available, find out how delaying retirement may affect enrollment, understand local, and online resources. There are no refunds for this class. More info at Shorepointebenefits.com. Any additional questions about the class, NOT REGISTRATION, should be directed to 1-313-690-5723.

Age: 60+
Instructor: Beth DeBouvre
Location: Wyandot Cafeteria
(463011-20) Tue 4/15/19 6:00pm-7:00pm $8 1 class
(463011-21) Thr 5/8/19 6:00pm-7:00pm $8 1 class

INVESTMENT BASICS
We all make mistakes, especially when it comes to money. It is important that we try to avoid the most common mistakes if we can. This session will help you identify 52 different money mistakes, know the potential effects of each pitfall, and understand how each of these aligns with your financial well-being.

Instructor: Licensed Financial Representative Alysia Ritter
Seminars will be held at Ottawa Large Instructional Room. Any additional questions about the class, NOT REGISTRATION, should be directed to ariter@financialguide.com.

DISABLED? ME? NEVER!
A disability is one of the greatest risks to one’s income. Some people do not understand the odds of becoming disabled are often greater than other types of risk they typically insure against; such as car accidents and hospitalizations. This presentation helps one to understand the value of their income, why they need to protect it, and the realities of income protection.

(461500-41) Thr 5/9/19 6:30pm-7:30pm $8 1 class

To register see page 16
BELLY DANCING FITNESS
Belly dancing for fitness and fun! We will use many belly dance moves — both isolations and combos — to tone muscles, build stamina, develop better posture, improve coordination, and master poise. Focus will also be placed on proper stance and technique in implementation. This is done by melding these moves together to create a fun and fascinating improvisation dancing style.

No supplies are needed, but a hip scarf and note keeper is optional. An excellent class for parents and children to take together!

Any additional questions about the class, NOT REGISTRATION, should be directed to Laurie. paquin-leet@jsp.com

**Ages:** 8+

**Instructor:** Laurie Paquin-Leet

**Location:** Huron Elementary Gym

**(460302-01)**

**Tue 4/16/19 7:00pm-8:00pm** $80 8 wks

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CHAIR YOGA
A beginner level yoga practice performed in a chair. Emphasis on proper form, deep breathing, and the union between movement and breath. Benefits include improved strength, flexibility, stress reduction, pain management, mental clarity, proprioception, and greater breathing capacity. Modifications will be given so everyone will feel comfortable in the class and can accomplish the most out of their level of skill. Ideal for those with limited range of movement.

**Instructor:** Carol Smith

**Location:** Iroquois Middle School Media Center

**(460502-02)**

**Sat 4/27/19 11:00am-12:00pm** $40 4 wks

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HEALTHY BACK
Save Your Back! Munger Physical Therapy of Clinton Township presents a seminar all about back pain; anatomy of the spine, why we get back pain, what to do about it, and how to prevent it. Each session will include an informational lecture, demonstrations, and a question and answer time.

**Instructor:** Jim Achatz

**Location:** Munger Physical Therapy
44925 Morley Drive, Clinton Township, MI 48036

**(460503-12)**

**Tue 4/23/19 6:30pm - 7:30pm** $8 1 wks

**(460503-13)**

**Tue 5/21/19 6:30pm - 7:30pm** $8 1 wks

**(460503-14)**

**Tue 6/4/19 6:30pm - 7:30pm** $8 1 wks

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LINE DANCE WITH LYNN
Lynn Reiss offers multiple levels of teaching for everyone. You can come and dance the whole time, or just drop in for your level of skill. 6 pm to 6:30 pm is the basic steps and true beginner level. 6:30 pm to 7:30 pm she will teach beginning and improvers. 7:30-8:30 will be focused on intermediate levels. Learn at your pace. Great for parents and kids to take together! Any additional questions about the class, NOT REGISTRATION, should be directed to lynnanne5678@att.net

**Instructor:** Lynn Reiss

**Location:** Algonquin Gym

**(460304-01)**

**Wed 4/17/19 6:00pm-8:30pm** $40 8 wks

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COUPLES DANCING
Couples will get to dance the favorite country couples’ dances. Learn the basics of 2 step & swing, pattern partner dancing which is akin to line dancing. Get a great exercise for the body and mind. Fun for parents and kids to take together! Each person pays the registration cost of $25. Any additional questions about the class, NOT REGISTRATION, should be directed to lynnanne5678@att.net

**Instructor:** Lynn Reiss

**Location:** Algonquin Gym

**(460304-02)**

**Wed 4/17/19 8:30pm - 9:30pm** $40 8 wks
STRESS RELIEF YOGA
The class will teach scientific techniques of Yoga Meditation universally accepted to reduce stress and create a sense of contentment. The instructor Roy E. Thibodeau has been practicing and teaching Meditation and Yoga for more than 40 years. The class will include scientific and philosophical rational that supports the practice of Meditation. There will also be the actual practice of Meditation techniques. All levels of experience are welcome. Any additional questions about the class, NOT REGISTRATION, should be directed to 586-431-2857.
Instructor: Roy Thibodeau
Class Location: Seneca Middle School Media Center
(460503-11)
Mon 5/6/19 7:00pm-9:00pm $16 2 wks

NINJA/OBSTACLE COURSE RACING
Come join us at GRIT for Ninja and OCR classes. Test your skills and get trained on the latest trend of obstacles used in popular events and TV shows. These classes will focus on balance, grip, strength, cardio and strategy of how to work through the course and obstacles. Get fit, have fun, and maybe even join the GRIT competition team and become one tough Ninja! Sign up your kids for an age appropriate version and share the experience.
Create profile and sign waivers on our site: GritObstacleTraining.com
Instructor: GRIT Obstacle Training
Location: GRIT Obstacle Training, 2980 Technology Drive Rochester Hills, MI 48307
(480832-01)
Mon 4/15/19 6:00pm-7:00pm $143 10 wks
(480832-02)
Sat 4/20/19 10:00am-11:00am $143 10 wks

STRENGTH & TONING
Strengthen and tone every muscle in your body. No need to join a gym and have your bank account drained! Come and get a great workout with the Physical Education teacher/strength & conditioning coach for Chippewa Valley High School. Enjoy Chippewa’s excellent fitness center with a personally designed program. This program will include resistance training, cardio, and new training methods. Invest in a workout that will give a healthier, longer life.
Instructor: Chris Hull
Class Location: Chippewa Valley High School Weight Room
(460501-90)
Tue 4/16/19 6:30pm-7:30pm $80 8 wks

YOGA FOR FITNESS
This practice integrates different forms of Yoga to build balance, flexibility, and strength. Beginners, intermediate, and advanced students are welcomed to join. Modfications of poses are offered for varying levels. Enjoy a feeling of well-being and calmness to your life. Please bring a Yoga mat to class.
Instructor: Betsy Mianecki
Any additional questions about the class, NOT REGISTRATION, should be directed to bmianecki@comcast.net
Location: Shawnee Elementary School Multi-Purpose Room
(460502-06)
Thu 4/18/19 7:15pm-8:15pm $56 7 wks

YOGA PILATES CORE
Yoga Pilates Core follows a natural progression from Pilates to core-body work and right into the fluid postures of Yoga. Focusing on breath and alignment, you’ll increase strength, balance and flexibility. Since you work at your own pace, this class is open to all levels. Please bring a Yoga mat to class.
Instructor: Body Images Fitness
Location: Miami Elementary School East Gym
(460502-08)
Mon 4/15/19 7:15pm-8:15pm $56 7 wks

CARDIO STEP AND SCULPT
Using an adjustable STEP platform and basic stepping movements, this 45-minute workout will increase cardio fitness. Using dumbbells and bands will tone your upper and lower body. This class will end with core conditioning and a relaxing cool down. For all fitness levels.
(490510-16)
Fri 4/15/19 6:00pm-6:45pm $72 8 wks

BODY IMAGES’ BOOT CAMP
A 45 minute workout that focuses on lower body, upper body, and core providing both cardio and strength in a circuit style class that utilizes a variety of equipment. Boxing moves, partner drills and much more will provide tons of fun. Work at your own pace as this class is for all fitness levels.
(490510-03)
Sat 4/27/19 9:30am-10:15am $54 6 wks
BODY PUMP
Body Pump is a weight class for absolutely anyone. The course will make you tone, lean and fit. Using moderate weights with lots of repetitions, you get a total body workout that burns lots of calories. It will also tone and shape your body, without adding bulk. The encouragement, motivation and great music will help you achieve much more than you would be able to on your own. Instructors will show you all the moves and techniques to make your first class safe and fun.
(490510-04)
Mon 4/15/19 7:00pm-8:00pm $54 6 wks
(490510-05)
Thr 4/18/19 6:10pm-7:15pm $54 6 wks
(490510-06)
Sat 4/27/19 10:20am-11:20am $54 6 wks

H.I.I.T. TOTAL BURN
This is a 45 minute high interval, high intensity, cardio workout designed to melt calories and fat while improving your strength. All levels of fitness can join in with instructor based modifications. You can do this!
(490510-06)
Wed 4/17/19 6:00pm-6:45pm $54 6 wks

BODY IMAGES’ POUND
A full-body jam session, combining light resistance w/ constant simulated drumming. Dripping fun of playing the drums. It fuses cardio, strength training, Pilates, Strength movements, plyometrics, & isometric poses. Turn into a calorie-torching drummer, POUNDing off pounds as each song flies by!
(490510-10)
Tue 4/16/19 7:20pm-8:20pm $54 6 wks

ZUMBA TONING
Combines targeted body-sculpting exercises & high energy cardio work with Zumba moves to create a fitness dance party. Learn how to use lightweight, maraca style toning sticks to tone target zones, including arms, abs, & thighs. The Maracas will be available for use OR purchase. Please wear smooth bottom shoes to protect your knees.
(490510-14)
Thr 4/18/19 7:20pm-8:20pm $54 6 wks

ADULT JAZZ INTERMEDIATE/ADVANCED
Are you an adult with some previous dance experience who wants to continue dancing? Join us in a fun and non-performance-based environment. Class will consist of a warmup stretch followed by floor skill, progressions, and finishing with a dance combination. Dancers must have prior experience with pirouettes, leaps, jumps and choreography. All moves can be modified for comfort level and fun! Dance attire is required including Jazz shoes. If you have any questions about the class or need to purchase Jazz shoes, email danceonthemove@me.com.
Location: Fox Elementary School Gym
(490318-77)
Tue 4/16/19 8:00pm-8:45pm $72 8 wks

ADULT TAP (9 YR. EXP)
What is Tap Dance? Why, it’s the most fun you can have! Even if it’s been a few years since your last tap class, you will be able to dance a short, simple routine that will sound ‘right’. On the plus side, it’s a great toner for those calf muscles and much more engaging than a step aerobics class! Come see why dancers are always in such great shape.
Location: Fox Elementary School Cafe
(490318-43)
Tue 4/16/19 7:00pm-7:45pm $72 8 wks

To register see page 16
BARRE RHYTHM
This is an empowering class set to today’s hottest music. Warm up focusing on postural strength and alignment. Barre Rhythm will help sculpt the lower body and abs. Have fun while doing upper body exercises and dancing using light weights. The class will end with ground work to refocusing on booty, legs, and core muscles. No experience necessary! Bring water, 1-2 pound weights, and a floor mat.

Location: Fox Elementary Cafeteria
(490318-84)
Mon 4/15/19 7:30pm-8:30pm $63 7 wks

CARDIO SCULPT
Burn calories and define your muscles with this workout that combines cardio moves, hand weights, and resistance training to create a total body sculpting workout. Cardio Sculpt is appropriate for both men and women, low impact, and highly effective. Modifications are given to accommodate various fitness levels. Required: Please bring a yoga mat, 3-5 lb. hand weights, towel, water, and wear comfortable clothing that will allow for maximum movement.

Location: Fox Elementary LGI Room
(490318-45)
Tue 4/16/19 6:30pm-7:30pm $72 8 wks

Location: Fox Elementary LGI Room
(490318-65)
Thr 4/18/19 6:30pm-7:30pm $72 8 wks

YOGA FOR FIT & RELAXATION
This class is appropriate for yoga practitioners of all levels—including beginners. We will work on developing a stronger breath connection, better balance, greater strength and improved flexibility for the mind and body. This class will combine held poses with short flowing sequences. Everyone is welcome. Please wear non-binding/comfortable clothing that allow for deep stretching. Required: Water, towel and Yoga mat.

Location: Fox Elementary Gym
(490318-59)
Wed 4/17/19 7:15pm-8:15pm $72 8 wks

ZUMBA
Join the Zumba sensation and dance your way to fitness in this Sixty minute workout. High-energy music and Latin-inspired dance moves combine into a fitness class that will get you shaking those hips and losing inches. So much fun, it doesn’t feel like you are working out so come on and join the party! Wear comfortable clothing that allows you to move freely. Please bring water to class.

Location: Fox Elementary Cafe
(490318-70)
Thu 4/18/19 7:30pm-8:30pm $72 8 wks

Instructor: Maria Marino
Fitness Pro Classes
Any additional questions about the class, NOT REGISTRATION, should be directed to fmarino9@comcast.net

BODY SHRED!
Get ready to have fun, burn fat, build muscle over your entire body! This basic and effective workout progresses to a higher level each week, to get you in your best shape ever. We will have you sweating and shedding those unwanted pounds in no time! It’s time to boost your metabolism, lose body fat and sculpt your body from head to toe. Please bring mat and weights to class.

Location: Sequoyah Elem MP Room
(460501-53)
Thu 4/18/19 7:00pm-8:00pm $51 6 wks

BOOT CAMP
Get in the best shape of your life! Torch calories and fire up your metabolism with this high energy boot camp style workout. This class is challenging, it will help you lose body fat and achieve a high level of physical conditioning! You’ll get leaner and stronger as you shed the fat and build lean, hard muscle. Class will consist of cardio, weight lifting, interval training and more. You will squat, lunge and crunch your way to a better body. Geared for people who want real results really fast! Bring a mat and weights to class.

Location: Ottawa Elementary Gym
(460501-12)
Mon Only 4/15/19 7:00pm-8:00pm $44 6 wks

Wed Only 4/17/19 7:00pm-8:00pm $44 6 wks

Mon & Wed 4/15/19 7:00pm-8:00pm $86 6 wks

MUFFIN TOP MELTDOWN
Want to look better in those jeans? Melt that muffin top in this thirty-minute workout session. Target that gut and trim, tighten and tone your entire mid-section. A great class for any fitness level. Bring a mat to class!

Location: Sequoyah Elem MP Room
(460501-07)
Thu 4/18/19 6:30pm-7:00pm $39 6 wks
**MARIA MARINO’S POUND**

Pound is a jam session inspired by the energizing, sweat-dripping fun of playing the drums. It’s a fusion of cardio, strength training, Pilates, and HIIT techniques! Drum along with the instructor engaging multiple muscle groups and raising the heart rate! Grab your sticks!!!! (Sticks are provided)

**Location:** Sequoyah Elem MP Room  
(460501-72)  
**Tue 4/16/19 7:00pm-8:00pm $59 6 wks**

**Instructor: Team Fit**

Any additional questions about these class, NOT REGISTRATION, should be directed to teamfitcorp@hotmail.com.

**CIRCUIT TRAINING + CORE**

Jump start your fitness routine out right with our no-nonsense circuit training exercises. Increase your metabolism while you build long, lean muscle. This is a heart-pumping, fat burning class that alternates cardio and resistance training exercises. Get a complete full body workout in 45 minutes! The format of this class varies from week to week, so you will never get bored. This class also packs effective exercises for the abs, back, glut to develop core strength and stability in the fun, but challenging class. Please bring exercise mat and hand weights to class.

**Instructor:** Shawn Kelly  
**Location:** Chesterfield Senior Center, 47275 Sugarbush Road Chesterfield, MI 48047  
(460502-31)  
**Mon 4/22/19 6:30pm-7:30pm $45 6 wks**  
(160501-43)  
**Mon 6/10/19 5:30pm-7:30pm $45 6 wks**

**TAI CHI**

Come and experience the ancient Chinese Martial Art of Tai Chi. It is easy to learn and will help the student improve balance, strength, flexibility and respiratory/cardio health. It is practiced around the world by hundreds of thousands of people. Taught in a friendly, low stress fashion, which can benefit adults of all ages. No experience required. Please bring water to class. Any additional questions about the class, NOT REGISTRATION, should be directed to teamfitcorp@hotmail.com.

**Instructor:** Paul Barr, CYT  
**Location:** Iroquois Middle School Cafeteria  
(460501-19)  
**Sat 4/27/19 10:00am-11:00am $53 6 wks**

**RELAXATION YOGA**

This is an opportunity for students to connect with themselves, their breath, and body. A chance to feel safe and cocooned while they practice yoga by Candlelight. This class includes gentle stretches, breathing, relaxation, and simple movements to increase range of motion of the major joints. This gentle evening class is a perfect ending to a busy week. Namaste. Class uses flameless candles. Please bring yoga mat, blanket, pillow (if desired)

**Instructor:** Paul Barr, CYT  
**Location:** Chesterfield Senior Center, 47275 Sugarbush Road Chesterfield, MI 48047  
(460502-31)  
**Wed 4/17/19 6:00pm-7:00pm $45 6 wks**  
(160502-32)  
**Fri 4/19/19 6:00pm-7:00pm $45 6 wks**  
(160502-33)  
**Wed 6/26/19 6:00pm-7:00pm $45 6 wks**

**YOGA IN THE PARK**

Learn stress relieving techniques that will provide a deepened sense of well-being. Practice stretching to tone and strengthen the body. Use gentle, slow movements and focus on the body, mind, breathing, and posture to improve your body. Enjoyable and beneficial to your circulation, flexibility and stamina. Get out into a green park right on Anchor Bay! Please note if the weather is not cooperative, class will be held in the A/C building on site.

**Instructor:** Jean Barlow  
**Location:** Brandenburg Park, 50050 Jefferson New Baltimore, MI 48047  
(160502-31)  
**Tue 6/11/19 6:00pm-7:00pm $45 6 wks**  
(160502-32)  
**Wed 6/12/19 9:30am-10:30am $45 6 wks**

**COED BOXING/ KICKBOXING WORKOUT**

Open for beginners to the advanced. Get a great workout while learning and honing the sweet science of boxing and/or kickboxing. Learn the proper way to kick and punch using all the tools of a professional boxing gym. You must have hand protection and bring clean tennis shoes. Ages 12+ are welcome.

**Instructor: Master K’s Karate & Boxing**

*****All Master K classes are held at Master K’s Karate, 39789 Garfield Rd in Clinton Township, MI 48038***** Any additional questions about the class, NOT REGISTRATION, should be directed to 586-566-1397

**Spring 2019**

chippewavalleyschools.org

To register see page 16
KARATE FOR ADULTS
Get in shape while learning Karate and Self-Defense. Try this fun, no contact beginner’s class. Work at your own level to increase focus, balance, control and strength while learning valuable martial arts techniques. See how much stress can be shed while gaining the self-confidence that only comes with Karate. Wear loose clothing to class.
(490810-02)
Thr 5/2/19 7:00pm-8:15pm $40 4 wks
(490810-03)
Tue 5/7/19 7:00pm-8:15pm $40 4 wks

WOMEN’S KICKBOXING WORKOUT
Get into shape and burn calories with this high energy, no contact workout that introduces kickboxing techniques and exercises. Learn the proper way to kick, punch, and perform combinations taught by a black belt instructor. This is not an aerobics class, but it will get the heart pumping and the muscles working. You must have hand protection and wear loose clothing. Ages 14+ are welcome.
(490810-05)
Tue 5/7/19 8:30pm-9:30pm $40 4 wks

Chippewa Valley Schools
~ Presents ~
Mohegan High School
19230 Cass Avenue, Clinton Township, MI  48038 • 586-723-2080

The staff of Mohegan High School and Chippewa Valley School District are committed to engaging students with a curriculum that equips our students with necessary skills and experiences for academic, emotional and social success. At Mohegan, this is accomplished through students achieving the same goals as regular high school, but with different hours, rules, methods, atmosphere and approaches. Students will experience success and improve skills through smaller class sizes and more individualized instruction. Students are encouraged to stay in school, work hard and earn a high school diploma. The staff provides emotional support, positive reinforcement and motivational guidance.

Offering . . .
• Michigan Merit Curriculum
• High School Diploma
• Later Class Times
• Extracurricular Activities
• Career Exploration
• Post-Secondary Planning
• Free Off-Site Child Care
• Bus Service for In-District Students
• Positive Incentive Programs
• Student Support Services
• Early Release Every Friday
• 7.5 Credits Yearly or More
• Highly Qualified Teachers
• Small Class Sizes

REGISTRATION
High School Aged Students (under 20 as of September 1) are welcome to apply for admission to the program by scheduling an appointment. Starts August 13th
Call 586-723-2080.

School Hours:
Monday–Thursday:  9:30 am — 3:40 pm
Friday:  9:30 am — 1:45 pm
ALL TRIPS DEPART FROM/RETURN TO:
St Paul of Tarsus Catholic Church - 41300 Romeo Plank Road Clinton Township, MI 48038
Crossroads are Romeo Plank Road and Canal. (Park in north lot off of Romeo Plank Road near the white garage)
Plan to arrive 15 minutes prior to departure time
THERE ARE NO REFUNDS ON TRIPS

Please Note: At time of registration, indicate the names of people in your travel party and any special dietary needs.

'Reminder that Gift Certificates are available'

Note: Return times are approximate and could change due to weather and/or traffic conditions.

A FULL CARD MAY BE REDEEMED FOR ANY TRIP OVER $50.00. EACH PASSENGER MUST HAVE THEIR OWN INDIVIDUAL CARD

MICHIGAN OPERA HOUSE PRESENTS "THE GRAPES OF WRATH"
(481119-03) Friday, May 10
Depart: 9:45 am Return: 2:45 pm
Cost: $52
Sung in English, this two-act heart wrenching opera is based on the classic novel by John Steinbeck. It tells the story of the Joad family on their quest for survival during the 1930’s Dust Bowl. Featuring folky, jazz-inspired music by Ricky Ian Gordon. The Grapes of Wrath has been called “the great American opera.” INCLUDES: Motor coach, main floor seating, wonderful music and scenery and a travel escort.

DSO POP COFFEE CONCERT “REVOLUTION: THE BEATLES”
(481118-04) Friday, May 17
Depart: 9:00 am Return: 2:00 pm
Cost: $81
REVOLUTION is a symphonic journey through the history of The Beatles at Abbey Road told through the Fab Four’s #1 Hits. There are also famed musician Jeff Tyzik’s restorative arrangements of the original recordings. Get back to where you once belonged, with the music of the Beatles! INCLUDES: Motor coach, coffee & donuts prior to the performance, dress circle seating, groovy music and an ‘Oh! Darling’ of a travel escort.

TAKE ME OUT TO THE BALLGAME
(481125-04) Thursday, May 23
Depart: 10:30 am Return: After the 1:10 pm game
Cost: $67
Avoid the hassle of driving downtown, parking, and walking in the hot sun to the stadium. Join us as we travel down to Comerica Park in an air-conditioned motor coach for an afternoon game of baseball and cheer for our Detroit Tigers VS the Miami Marlins. Stay comfortable come rain or shine with GREAT seating under the overhang and near the baseline in section 114, rows 41-44. GO TIGERS!!! INCLUDES: Motor coach, parking, ticket to the game, a soft drink, hot dog and a travel escort. Must Register by April 23.

THE CASTLE & ESTATE TOURS
(481140-04) Wednesday, May 29
Depart: 9:30 am Return: 6:30 pm
Cost: $65
Spring is here and we are ready to take on an adventure to Curwood Castle and Applewood Estate! Explore Curwood Castle in Owosso, a small-scale French-Norman chateau that now houses a museum. James Oliver Curwood was a popular novelist of the 20th Century and in 1993 he commissioned this chateau for an inspirational writing studio. Applewood Estate in Flint celebrated its 100th year in 2016. Charles Stewart Mott built the Estate in 1916 as a family home and gentleman’s farm. In between your visits lunch will be in Owosso at Abiding in the Vine’s tea room. INCLUDES: Motor coach, travel escort, lunch, plus tours of Curwood Castle & Applewood Estate.

TRIP REGISTRATION:
 Begins on April 10th

Inclement weather: If the school district is closed and the trip description includes motor coach transportation it will go as scheduled unless you are notified.

If you require assistance during a trip, you will need to make arrangements to bring your own provider. Purchasing a ticket for the provider is required and your responsibility. The travel escort will not physically assist passengers on and off the bus or around the venue. Thank you. Note: Motor coach prices have increased and may be reflected in some trips.

Note:
Return times are approximate and could change due to weather and/or traffic conditions.

A FULL CARD MAY BE REDEEMED FOR ANY TRIP OVER $50.00. EACH PASSENGER MUST HAVE THEIR OWN INDIVIDUAL CARD

All trips depart from/return to St Paul of Tarsus Catholic Church - 41300 Romeo Plank Road Clinton Township, MI 48038. Crossroads are Romeo Plank Road and Canal. (Park in north lot off of Romeo Plank Road near the white garage). Plan to arrive 15 minutes prior to departure time. No refunds on trips. Please note: At time of registration, indicate the names of people in your travel party and any special dietary needs. Reminder that Gift Certificates are available. Note: Return times are approximate and could change due to weather and/or traffic conditions. A full card may be redeemed for any trip over $50.00. Each passenger must have their own individual card.

Michigan Opera House presents “The Grapes of Wrath” (481119-03) Friday, May 10. Depart: 9:45 am. Return: 2:45 pm. Cost: $52. Sung in English, this two-act heart wrenching opera is based on the classic novel by John Steinbeck. It tells the story of the Joad family on their quest for survival during the 1930’s Dust Bowl. Featuring folky, jazz-inspired music by Ricky Ian Gordon. The Grapes of Wrath has been called “the great American opera.” INCLUDES: Motor coach, main floor seating, wonderful music and scenery and a travel escort.

DSO Pop Coffee Concert “Revolution: The Beatles” (481118-04) Friday, May 17. Depart: 9:00 am. Return: 2:00 pm. Cost: $81. Revolution is a symphonic journey through the history of The Beatles at Abbey Road told through the Fab Four’s #1 Hits. There are also famed musician Jeff Tyzik’s restorative arrangements of the original recordings. Get back to where you once belonged, with the music of the Beatles! INCLUDES: Motor coach, coffee & donuts prior to the performance, dress circle seating, groovy music and an ‘Oh! Darling’ of a travel escort.

Take Me Out to the Ballgame (481125-04) Thursday, May 23. Depart: 10:30 am. Return: After the 1:10 pm game. Cost: $67. Avoid the hassle of driving downtown, parking, and walking in the hot sun to the stadium. Join us as we travel down to Comerica Park in an air-conditioned motor coach for an afternoon game of baseball and cheer for our Detroit Tigers VS the Miami Marlins. Stay comfortable come rain or shine with GREAT seating under the overhang and near the baseline in section 114, rows 41-44. GO TIGERS!!! INCLUDES: Motor coach, parking, ticket to the game, a soft drink, hot dog and a travel escort. Must Register by April 23.

The Castle & Estate Tours (481140-04) Wednesday, May 29. Depart: 9:30 am. Return: 6:30 pm. Cost: $65. Spring is here and we are ready to take on an adventure to Curwood Castle and Applewood Estate! Explore Curwood Castle in Owosso, a small-scale French-Norman chateau that now houses a museum. James Oliver Curwood was a popular novelist of the 20th Century and in 1993 he commissioned this chateau for an inspirational writing studio. Applewood Estate in Flint celebrated its 100th year in 2016. Charles Stewart Mott built the Estate in 1916 as a family home and gentleman’s farm. In between your visits lunch will be in Owosso at Abiding in the Vine’s tea room. INCLUDES: Motor coach, travel escort, lunch, plus tours of Curwood Castle & Applewood Estate.

To register see page 16

Chippewa Valley School District
chippewavalleysschools.org

Trip & Tours

To register see page 16

Spring 2019
“SUMMER OF ’69” AT THE
PERTROLIA PLAYHOUSE
(481111-09) Tuesday, June 4
Depart: 8:30 am Return: 6:45 pm
Cost: $87
Has it been 50 years already? It’s a celebration
of one of the most iconic years in music & pop
culture, with songs from The Beatles, Johnny
Cash, Elvis, The Guess Who, and television
classics like ‘Hee Haw’ and ‘Sesame Street.’
Just like when we turned up the radio in the
carefree summers, we will “mellow out”
by traveling back through nostalgia. Lunch
is on your own. *Remember your proof
of citizenship. * INCLUDES: Motor coach,
shopping in the quaint town of Petrolia, 2:00
performance with main floor seating, a stop at
the Duty-Free Shop and a groovy travel escort.

SHIPSHEWANA INDIANA
FLEA MARKET
(481155-02) Wednesday, June 12
Depart: 6:30 am Return: 10:30 pm
Cost: $81
Shipshewana, Indiana is the home of the
renowned Shipshewana Flea Market with
hundreds of open-air booths offering an
extremely wide variety of unique items
to shoppers. You will also find friendly
shopkeepers, hearty country foods, quilts,
craft and antique shops along with the
Amish bulk-food store. Don’t forget
your shopping bag and wear comfortable
shoes. INCLUDES: Motor coach, parking, flea
market, a stop at an Amish bulk-food store
(payment by check or cash only), Amish dinner
at Das Dutchman Essenhaus, and a travel escort. Scooter rentals call 260-768-4476 in advance to reserve for $10/hr. with a minimum
of 2 hrs. and deposit. (2018 pricing). No credit
cards. Additional rentals at $5/hr. in town at
Diabetic Solutions & Mobility Matters 877-
686-3600.

DSO POP COFFEE CONCERT
“THE WONDERFUL MUSIC OF OZ”
(481119-04) Friday, June 14
Depart: 9:00 am Return: 2:00 pm
Cost: $81
Join us as we travel on a musical journey over
the rainbow defying gravity and following the
yellow brick road. “The Wonderful World of
OZ,” took the world by storm and for over
one hundred years has inspired storytellers
and composers on Broadway, (WICKED), HOLLYWOOD, (THE WIZARD OF OZ, RETURN TO OZ) and on the radio (GOODBYE YELLOW BRICK ROAD). Relive all the wonderful music of
Oz in one magical concert! INCLUDES: Motor
coach, a good witch travel escort, concert,
dress circle seating, coffee and donuts prior
to the performance.

SAGINAW’S PRIDE AND COUNTRY
VILLAGE & THE JAPANESE
CULTURAL CENTER
(481140-08) Tuesday, June 18
Depart: 8:30 am Return: 5:30 pm
Cost: $49
Join us as we take a trip back in time as we
look around the historic buildings that house
the shops of the Pride and Country Village from
the 1904 Farmhouse, to the 1899 Schoolhouse,
to the relocated farm building in the outdoor
center. Each historic building within the village
is as unique as the merchandise inside. Shops
include: A fashion boutique, general store, gift
shop, seasonal shop, outdoor garden center,
design center, deli, and a farmhouse with 5
levels of handcrafted fine furniture and accent
pieces. Lunch is on your own at the village. Our
afternoon will continue as we experience the
charm and beauty of Japanese gardens.
We will experience a traditional Japanese
tea ceremony. Celebrants wear traditional
kimono as they perform this 400-year-old
ritual of serving tea. You can ask questions,
take photographs, and enjoy the authentic
whisked tea and sweets served in the
ceremony itself. It will be a pleasant summer
day filled of outdoor activities so wear
comfy attire. INCLUDES: Motor coach, travel
escort, shopping at the village, tea ceremony,
admission and time to browse the garden.
**“WELCOME TO PARADISE” AT THE PURPLE ROSE THEATRE**
(481114–04) Wednesday, June 26
*Cost: $87*
Set in the Caribbean, “Welcome to Paradise” centers around two people. Despite their age difference, the two find love and acceptance in each other. They discover that they have more in common than they thought. The play seeks out answers to tough questions. Questions like, at what age can one find one’s soulmate? Are there boundaries to true friendship and affection? What, exactly, is the meaning and nature of love? Will they find the answers in “Welcome to Paradise?”
**Includes:** Motor coach, lunch at the Common Grill, a little time to shop in Chelsea, 3:00 performance, and a travel escort.

**MURDER MYSTERY TRAIN IN BLISSFIELD**
(181140–04) Tuesday, July 9
*Cost: $99*
All aboard the Old Road’s Murder Mystery Dinner Train! We will be traveling to Blissfield Michigan for fine dining and entertainment. Enjoy a hilarious table-side murder mystery. Be careful though as you might be the unfortunate soul who’s the victim! Afterwards, you will have time to browse the antique and gift shops.
**Includes:** Motor coach, three course lunch on the train, Murder Mystery performance, and a mysterious travel escort.

**ANNUAL PLYMOUTH ART FAIR**
(181100–09) Friday, July 12
*Cost: $32*
Join us as we explore the landmark 40th Art in the Park Show, the 2nd largest art fair in Michigan! Come and tour the many artisan booths and boutiques in Plymouth where you just may find a new treasured item. If you enjoy magnificent art works, crafts, food, street entertainers, sidewalk sales, and people watching then join the travel group. Lunch will not be provided.
**Includes:** Motor coach, travel escort, and a wonderful day of shopping.

**DOW GARDENS AND WHITING FOREST**
(181140–05) Thursday, August 8
*Cost: $66*
Since being established in 1899 as a home for Herbert H. and Grace A. Dow and family, the 110-acre Dow Gardens now welcomes more than 138,000 guests per year. Visitors are invited to leave the pathway and explore the uniquely-designed landscape and take a tour of the historic Pines Home. Wander Michigan’s woodlands in a completely new way, four stories up. Stroll 40 feet high on the nation’s longest (1400 feet) Canopy Walk! As you venture through the treetops, enjoy the rustle of native northern pines and squirrel’s eye views of a precious parcel of nature. Prepare to get your exercising by lots of walking!
**Includes:** Motor coach, hot buffet lunch at Krzysiak House in Bay City, admission to the gardens and forest, a refreshing day communing with nature, and a travel escort.

**U.P. LIGHTHOUSE & FALLS TOUR**
(181190–01) Tuesday –Thursday, August 13-15
*Cost: Single: $399 Double/Triple/Quad: $329/person*
This trip is certain to sell out fast! Join us in paradise and take in the beauty and power of the Tahquamenon Falls. Try your luck at Kewadin Hotel & Casino or spend time in their relaxing Jacuzzi. Enjoy breakfast as we cruise through the American and Canadian Locks viewing Lighthouses such as Gros Cap Reef Lighthouse, which is only accessible by boat. Check out the majestic views of the Laurentian Mountains, the oldest mountain range in North America. Stand in awe and wonder at the “Cross in the Woods” which weighs seven tons and is twenty-eight feet tall! There’s so much in this 3 days/2 nights adventure!
**Includes:** Motor coach, a travel escort, 2 Nights at Kewadin Hotel Casino, 2 Breakfasts, Casino package: $30 Free Play & $10 Food Voucher, Tours of Tahquamenon Upper Falls, Great Lakes Shipwreck Museum at Whitefish Point, Soo Locks Lighthouse Cruise (Breakfast provided on the boat), and The Cross In The Woods and Doll Museum. Plus, free time in Sault Ste. Marie for shopping and lunch on your own. Register by 07-10-19 and include all roommates. Trip cancellation Insurance is available by calling Raye at AAA Michigan 810-230-9493. Detailed flyer including itinerary available at the office.
SAUGATUCK SEA & SHORE  
(181140-03) Thursday, August 22  
Depart: 7:30 am  Return: 10:00 pm  
Cost: $117  
Always one of the best trips of the summer which never grows old. We arrive in Saugatuck and start our day with lunch on the waterfront. A cruise takes us on a narrated tour on the Kalamazoo River. Time to stroll the streets of this charming town for shopping and sightseeing. Our next bold venture is the incredible dune schooner ride through slopes and valleys of the dunes along Lake Michigan where we learn about the history of the area and the buried city of Singapore. Buckle your seatbelt and hang on to your hat for this is an adventurous fun-packed day. INCLUDES: Motor coach, lunch at Coral Gable, Star of Saugatuck Boat Cruise, Dune Ride, with time for shopping & browsing the quaint village of Saugatuck, and a travel escort.

MEADOW BROOK ESTATE TOUR  
(281140-15) Tuesday, September 17  
Depart: 10:15 am  Return: 3:15 pm  
Cost: $75  
Get your walking shoes on and come explore Meadow Brook "The Great Estate!" We will have the opportunity to tour this National Historic Landmark, built by one of the automotive aristocracy’s most remarkable women, Matilda Dodge Wilson, widow of automobile pioneer John Dodge, and her second husband, lumber broker Alfred Wilson. This mansion was constructed between 1926 and 1929 for $4 million, 110 rooms, 88,000 square feet. Meadow Brook represents one of the finest examples of Tudor-revival architecture in America. Lunch will be served at the mansion. Everyone will be served at the mansion. Everyone will get the chance to step outside for the Walking Estate tour and learn about the farm to the landscape, entrance into the playhouses and the Dodge Brothers exhibit. INCLUDES: Meadow Brook Estate Tour, Walking Estate Tour, lunch in the mansion, gift shop stop, and a travel escort.

TAKE ME OUT TO THE BALLGAME  
(281125-03) Thursday, September 26  
Depart: 10:30 am  Return: after the 1:10 game  
Cost: $57  
Avoid the hassle of driving downtown, parking, and walking in the hot sun to the stadium. Join us as we travel down to Comerica Park in an air-conditioned motor coach for an afternoon game of baseball and cheer for our Detroit Tigers VS the Minnesota Twins. Stay comfortable come rain or shine with GREAT seating under the overhang and near the baseline in section 112, rows 41-43. GO TIGERS!! INCLUDES: Motor coach, parking, ticket to the game, a soft drink, hot dog and a travel escort. Must Register by August 26.

“BILLY ELLIOT: THE MUSICAL: AT STRATFORD  
(281111-04) Wednesday, October 9  
Depart: 8:00 am  Return: 10:00 pm  
Cost: $139  
Dreams don’t come easy in the hardscrabble mining town that is riven by a bitter national strike. There in the town, eleven-year-old Billy lives with his bereaved family. When Billy discovers his talent for dance it awakens in him a passion that will transform his life and win the hearts of his community. Come enjoy the breathtaking dance numbers and music by pop legend Elton John. This inspirational story is an award-winning show based on the smash-hit movie and will appeal to all. Register early to reserve your seat! * Remember your proof of citizenship.  
INCLUDES: Motor coach, travel escort, time in Stratford with lunch on your own, dinner, a stop at the Duty-Free Shop, and the performance with balcony seating at the Festival Theatre.
WELCOME TO CHIPPEWA VALLEY SCHOOLS

ONLINE REGISTRATION SYSTEM!
onlinereg.cvs.k12.mi.us

For your convenience, you can view our class descriptions, times and dates, check availability, register, and pay for your classes all online. Simply log on and follow the instructions for setting up an account for First Time or New Users. For questions about online registration please call 586-723-2050.

FIRST TIME USERS: For those who have registered with CVS from 7/1/07 to present, you may already have an account in our system. Contact our office at 586-723-2050 for sign-in information. Do not create an additional account as this will cause issues with the system. You may then go to this page and change your password.

NEW USERS: Will be asked to select a personal User Name and Password. To create your account, complete the household information and add members of your household.

SECURITY: Chippewa Valley has adopted standards to insure your data and payment information is secure. The padlock symbol on the bottom right of the site page stipulates CVS employs SSL secured site.

RECEIPT: Print and keep your registration receipt for all upcoming classes. You will not receive a program reminder. You will not be able to register for some programs online. Call 586-723-2050 for details.

SCHOOL CLOSINGS:
When Chippewa Valley Schools are closed due to inclement weather, all evening programs are cancelled. Classes will not be rescheduled or refunded. However, classes which meet for only one session will be rescheduled.

TRIPS & TOURS:
If CV Schools are closed and the trip is utilizing school bus transportation, the trip is cancelled. Trips by motorcoach will remain as scheduled unless extenuating circumstances exist.

TRIPS TO CANADA:
The law mandates in order to travel by land to Canada, persons 19 & older must prove identity and citizenship. This requires a Passport, Passport Card, Nexus Card, or an Enhanced Driver’s License.

MERCHANT PRIVACY: We use customer information for registration and class development purposes only. Safeguarding our customers' information is important to us. We use procedures and secure systems to safeguard all customer information. We do not share customer information with outside companies.

By completing the registration/enrollment, I will agree to hold harmless Chippewa Valley Schools and its employees from any and all claims and demands of any kind due to damages, injuries and losses sustained by any participant in the Chippewa Valley Schools programs. This will also hold true for enrollment of my minor child/ward to participate in Chippewa Valley Schools programs, activities and/or classes.

MEDIA RELEASE STATEMENT: Recording of various school and classroom activities with interviews, photography, and video equipment is done throughout the year. This recording may be featured in district publications, local media, the internet, or aired on our educational access channel (CVC-TV). Completing the registration/enrollment will allow a photograph of the participant to be posted on the Community Education Website. Please contact the Community Education Department if you do not wish for your child to be photographed.

TERMS OF REGISTRATION
To withdraw from a class or transfer to another class, call 586-723-2050 before the class begins. No refunds can be given for a one night class, trips, special events or after the first class has met. Refunds for customer withdrawals are subject to an $8 processing fee. Chippewa Valley Adult & Community Education reserves the right to cancel any activity based on insufficient enrollment or other conditions beyond its control. Classes may be combined in the event of low enrollment. Full refunds will be issued if the class is canceled by Chippewa Valley Adult and Community Education.

To register see page 16
1. **ONLINE:**
   See page 17 for details!
   https://onlinereg.cvs.k12.mi.us/

2. **MAIL - IN:**
   Send Payment to:
   CVS Adult & Community Education, 19230 Cass Ave, Clinton Township, MI 48038

3. **WALK-IN:**
   Register at EITHER LOCATION:
   19230 Cass Ave, Clinton Township, MI 48038, OR 50375 Card Road, Macomb Township, MI - Monday – Friday 8:00 am-Noon & 1:00pm– 4:00 pm

   Confirmations ARE NOT mailed.
   We accept cash, check, Mastercard, Visa
   All returned checks are subject to a $20 processing fee.

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**REGISTRATION INFORMATION:**
Please complete all requested information in order to have your registration processed promptly.

**Participant #1 Name:** __________________________________  DOB: __________________

Email Address: ____________________________________________
Home Address: ____________________________________________
City: ____________________________________________  Zip: ______________
Phone: ( ) ______________________  Cell Phone: ( ) ______________________
Class #:/Name: _________________________________ Cost: $ _________
Emergency Contact: ______________________ Phone: ( )____________________
Traveling with: ___________________________ For travelers - any special dietary needs: ____________________________

**Participant #2 Name:** __________________________________  DOB: __________________

Email Address: ____________________________________________
Home Address: ____________________________________________
City: ____________________________________________  Zip: ______________
Phone: ( ) ______________________  Cell Phone: ( ) ______________________
Class #:/Name: _________________________________ Cost: $ _________
Emergency Contact: ______________________ Phone: ( )____________________
Traveling with: ___________________________ For travelers - any special dietary needs: ____________________________

**Participant #3 Name:** __________________________________  DOB: __________________

Email Address: ____________________________________________
Home Address: ____________________________________________
City: ____________________________________________  Zip: ______________
Phone: ( ) ______________________  Cell Phone: ( ) ______________________
Class #:/Name: _________________________________ Cost: $ _________
Emergency Contact: ______________________ Phone: ( )____________________
Traveling with: ___________________________ For travelers - any special dietary needs: ____________________________

Important Medical Information: _____________________________________________________
MC/VISA #: __________________ Exp.Date ___________ Name on Card: ____________________
Signature of Card Holder: ____________________________________________________________

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Terms of Registration on page 15  Spring 2019 chippewavalleyschools.org
BOARD OF EDUCATION:
Ron Roberts ~ Superintendent
Denise Aquino
Frank Bednard
Laura Cardamone
Andy Patzert
Beth Pyden
George Sobah
Jill DeMuyck Zech

CVS COMMUNITY EDUCATION OFFICE HOURS
Monday – Friday 8:00 am-noon & 1:00-4:00 pm

IMPORTANT PHONE NUMBERS
Trips.................................................586-723-2050
ESL, GED, HSC.............................586-723-2050
Early Childhood.............................586-723-6950
Youth/Adult Enrichment....................586-723-2050

Identification Statement ~ Spring 2019
The Chippewa Valley School District’s Adult and Community Education periodical is distributed by bulk mail. Any questions about the program should be directed to: Chippewa Valley Schools Adult & Community Education, 19230 Cass Avenue, Clinton Township, MI 48038 * 586-723-2050 * Issue Date: March 29, 2019 * Published 3 times yearly: September, January, April * Issue 66

To register see page 16

chippewavalleyschools.org
AQUA TOTS — ½ hour class
For children 6 months — 3 years, with a parent in the water. This class will familiarize the tot with an introduction to water.
(411201-S1) Sat 12:15pm

GOLDFISH (PA) —
½ hour class
For children 3-5 years old, this class is designed for a parent to be in the water with the child. Child uses a flotation device.
(421202-M1) Mon 6:45pm
(421202-W1) Wed 6:45pm
(421202-S1) Sat 10:45am
(421202-S2) Sat 11:30am

GOLDFISH (REG) — For children 3-5 years old, no parent assistance is needed. Child uses a flotation device.
(421203-M1) Mon 6:00pm
(421203-M2) Mon 6:45pm
(421203-W1) Wed 6:45pm
(421203-W2) Wed 6:45pm
(421203-S1) Sat 10:00am
(421203-S2) Sat 10:45am
(421203-S3) Sat 11:30am

STARFISH — For children 3-5 years old. Children will learn the basic skills of swimming without a flotation device or parent assistance.
(421204-M1) Mon 6:00pm
(421204-M2) Mon 6:45pm
(421204-W1) Wed 6:00pm
(421204-W2) Wed 6:45pm
(421204-S1) Sat 10:00am
(421204-S2) Sat 10:45am
(421204-S3) Sat 11:30am

Class Dates for Session 226

Monday (7 Classes): 04/22, 04/29, 05/06, 05/13, 05/20, 06/03, 06/10
Wednesday (7 Classes): 04/24, 05/01, 05/08, 05/15, 05/22, 06/05, 06/12
Friday (7 Classes): 04/26, 05/03, 05/10, 05/27, 05/31, 06/07, 06/14
Saturday (7 Classes): 04/27, 05/04, 05/11, 05/18, 06/01, 06/08, 06/15

American Red Cross Swim Program Pool Supervisor:
Alex Sprowitz, asprowitz@cvs.k12.mi.us

Class Fees: $65 each / all classes are 45 minutes unless otherwise noted

CHIPPEWA VALLEY HIGH SCHOOL
18300 19 Mile Road
Clinton Township, MI 48038

Like Us on Facebook @ http://www.facebook.com/CVSCommEd

AQUA TOTS — ½ hour class
For children 6 months — 3 years, with a parent in the water. This class will familiarize the tot with an introduction to water.
(411201-S1) Sat 12:15pm

GOLDFISH (PA) —
½ hour class
For children 3-5 years old, this class is designed for a parent to be in the water with the child. Child uses a flotation device.
(421202-M1) Mon 6:45pm
(421202-W1) Wed 6:45pm
(421202-S1) Sat 10:45am
(421202-S2) Sat 11:30am

GOLDFISH (REG) — For children 3-5 years old, no parent assistance is needed. Child uses a flotation device.
(421203-M1) Mon 6:00pm
(421203-M2) Mon 6:45pm
(421203-W1) Wed 6:45pm
(421203-W2) Wed 6:45pm
(421203-S1) Sat 10:00am
(421203-S2) Sat 10:45am
(421203-S3) Sat 11:30am

STARFISH — For children 3-5 years old. Children will learn the basic skills of swimming without a flotation device or parent assistance.
(421204-M1) Mon 6:00pm
(421204-M2) Mon 6:45pm
(421204-W1) Wed 6:00pm
(421204-W2) Wed 6:45pm
(421204-S1) Sat 10:00am
(421204-S2) Sat 10:45am
(421204-S3) Sat 11:30am

Flotation devices used in the learn to swim program are available to purchase for $12.00/each.

OPEN SWIM
Fridays starting 04/26/19 – 06/14/19
6:30pm – 7:30pm
Payable at the door
$4.00 - Ages 11 and under
$5.00 - Ages 12 and up

PRIVATE & SEMI-PRIVATE LESSONS
Private Lessons are available at $34.00/ per ½ hour.
Semi-Private Lessons are available at $50/per ½ hour for 2 students call 586-723-2050 option 5

POOL CLOSED May 24th — May 29th 2019

To register see page 16
LEVEL 1 — INTRODUCTION TO WATER SKILLS
For children 6 years & up. This class is designed to help students feel comfortable in the water. Learn to submerge mouth, nose & eyes.
(481205-M1) Mon 6:00pm
(481205-M2) Mon 6:45pm
(481205-W1) Wed 6:00pm
(481205-W2) Wed 6:45pm
(481205-S1) Sat 10:00am
(481205-S2) Sat 10:45am
(481205-S3) Sat 11:30am
LEVEL 2 — FUNDAMENTAL AQUATIC SKILLS
Gives students success with fundamental skills. This class is taught in the deep water.
(481206-M1) Mon 6:00pm
(481206-M2) Mon 6:45pm
(481206-W1) Wed 6:00pm
(481206-W2) Wed 6:45pm
(481206-S1) Sat 10:00am
(481206-S2) Sat 10:45am
(481206-S3) Sat 11:30am
LEVEL 3 — STROKE DEVELOPMENT
This class builds on the skills in level 2 through practice.
(481207-M1) Mon 6:00pm
(481207-M2) Mon 6:45pm
(481207-W1) Wed 6:00pm
(481207-W2) Wed 6:45pm
(481207-S1) Sat 10:00am
(481207-S2) Sat 10:45am
(481207-S3) Sat 11:30am
LEVEL 4 — STROKE IMPROVEMENT
This class develops confidence in the skills learned & helps improve other aquatic skills.
(481208-M1) Mon 6:00pm
(481208-M2) Mon 6:45pm
(481208-W1) Wed 6:00pm
(481208-W2) Wed 6:45pm
(481208-S1) Sat 10:00am
(481208-S2) Sat 10:45am
(481208-S3) Sat 11:30am
LEVEL 5 — STROKE REFINEMENT
This class teaches the refinement of the front/back crawl, breaststroke, butterfly, elementary backstroke, sidestroke, and diving.
(481209-M1) Mon 6:00pm
(481209-M2) Mon 6:45pm
(481209-W1) Wed 6:00pm
(481209-W2) Wed 6:45pm
(481209-S1) Sat 10:00am
(481209-S2) Sat 10:45am
(481209-S3) Sat 11:30am
LEVEL 6 — SWIMMING & SKILL PROFICIENCY
This class refines all 6 strokes so the child can swim with ease, efficiency, power & smoothness over greater distances. Option after completing include: Personal Water Safety, Fundamentals of Diving, and Fitness Swimmer.
(481210-M1) Mon 6:00pm
(481210-M2) Mon 6:45pm
(481210-W1) Wed 6:00pm
(481210-W2) Wed 6:45pm
(481210-S1) Sat 10:00am
(481210-S2) Sat 10:45am
(481210-S3) Sat 11:30am
PRE-COMPETITIVE SWIM
For Students who have passed Level 4 and want to build endurance and work on stroke technique.
(481217-F1) Fri 7:30-8:30pm
ADULT SWIM
ADULT SWIM LESSONS
This class is for adults who are not comfortable in the water. We begin by teaching proper body position to encourage placing the face in the water and learning to float. Must be 18 years of age or older.
(461211-M2) Mon 7:30pm
ADULT WATER AEROBICS
The viscosity and weight of the water provides an impact-free way to intensify your work out. All fitness levels welcome! Must be 18. Proper swim attire required.
CVHS Pool
7:30–8:30pm 7 wks
(461211-M1) Monday
$46/$43 Senior 04/29/19
(461211-W1) Wednesday
$46/$43 Senior 05/01/19
ADULT LAP
Ideal exercise for any shape or fitness level! Must be 18. Proper swim attire required.
We also have lap lanes available during open swim on Fridays from 6:30–7:30 pm. CVHS Pool
7:30–8:30pm 7 wks
(461215-M1) Monday
$46/$43 Senior 04/29/19
(461215-W1) Wednesday
$46/$43 Senior 05/01/19
American Red Cross Swim Program Pool Supervisor:
Alex Sprowitz, asprowitz@cvs.k12.mi.us

Class Dates for Session 227–231

**Session 227:** Monday — Thursday 6/17, 6/18, 6/19, 6/20, 6/24, 6/25, 6/26, 6/27

**Session 228:** Monday — Thursday 7/08, 7/09, 7/10, 7/11, 7/15, 7/16, 7/17, 7/18

**Session 229:** Monday — Thursday 7/22, 7/23, 7/24, 7/25, 7/29, 7/30, 7/31, 8/01

**Session 230:** Monday — Thursday 8/05, 8/06, 8/07, 8/08, 8/12, 8/13, 8/14, 8/15

**Session 231:** Monday — Thursday 8/19, 8/20, 8/21, 8/22 (4 Classes Cost: $36.50)

**Class Fees:** $73 for 2 Week Sessions-45 minute classes unless otherwise noted

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**AQUA TOTS** — ½ hour class
For children 6 months – 3 years, with a parent in the water. This class will familiarize the tot with an introduction to water. $22.30 for 4 sessions (2 weeks) (2 Classes, $11.15)

**Mon & Wed:** 5:30pm

**Session 227 111201-01**
**Session 228 111201-02**
**Session 229 111201-03**
**Session 230 111201-04**
**Session 231 111201-05**

**GOLDFISH (PA)** – ½ hour class
For children 3-5 years old, this class is designed for a parent to be in the water with the child. Child uses a flotation device.

**Mon - Thur:** 6:45pm

**Session 227 121202-01**
**Session 228 121202-02**
**Session 229 121202-03**
**Session 230 121202-04**
**Session 231 121202-05**

**GOLDFISH (REG)** – For children 3-5 years old, no parent assistance is needed. Child uses a flotation device.

**Mon - Thur:** 6:00pm

**Session 227 121203-1A 121203-1B**
**Session 228 121203-2A 121203-2B**
**Session 229 121203-3A 121203-3B**
**Session 230 121203-4A 121203-4B**
**Session 231 121203-5A 121203-5B**

**STARFISH** – For children 3-5 years old. Children will learn the basic skills of swimming without a flotation device or parent assistance.

**Mon - Thur:** 6:00pm - 6:45pm

**Session 227 121204-1A 121204-1B**
**Session 228 121204-2A 121204-2B**
**Session 229 121204-3A 121204-3B**
**Session 230 121204-4A 121204-4B**
**Session 231 121204-5A 121204-5B**

**LEVEL 1 - INTRODUCTION TO WATER SKILLS**
For children 6 years & up. This class is designed to help students feel comfortable in the water. Learn to submerge mouth, nose & eyes.

**Mon - Thu:** 6:00pm - 6:45pm

**Session 227 181205-1A 181205-1B**
**Session 228 181205-2A 181205-2B**
**Session 229 181205-3A 181205-3B**
**Session 230 181205-4A 181205-4B**
**Session 231 181205-5A 181205-5B**

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**Flotation devices used in the learn to swim program are available to purchase for $12.00/each.**

**OPEN SWIM**
Tuesdays and Thursdays 06/18/19 – 08/22/19
7:30pm – 8:30pm
Payable at the door
$4.00 - Ages 11 and under
$5.00 - Ages 12 and up

**- OPEN SWIM POOL RULES -**

- Ages 8 & under MUST be accompanied, IN THE WATER, by a responsible person 18 years or older or as determined by supervisor.

- Swim diapers are REQUIRED for untrained children.

- Men/boys swim suits MUST HAVE A LINER — no underwear, briefs, or shorts.

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**POOL CLOSED**
**July 1 - July 7 2019**

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**CHIPPEWA VALLEY HIGH SCHOOL**
18300 19 Mile Road
Clinton Township, Mi 48038

- All registration for the American Red Cross Swim Program is handled through the Community Education Office NOT at the pool.

Like Us on Facebook @ http://www.facebook.com/CVSCommEd

Flotation devices used in the learn to swim program are available to purchase for $12.00/each.
Aquatics Program

Continued Classes
Dates for Session 227-231

LEVEL 2 - FUNDAMENTAL AQUATIC SKILLS
Gives students success with fundamental skills. This class is taught in the deep water.
Mon - Thu 6:00pm 6:45pm
Session 227 181206-1A 181206-1B
Session 228 181206-2A 181206-2B
Session 229 181206-3A 181206-3B
Session 230 181206-4A 181206-4B
Session 231 181206-5A 181206-5B

LEVEL 3 — STROKE DEVELOPMENT
This class builds on the skills acquired in level 2.
Mon - Thu 6:00pm 6:45pm
Session 227 181207-1A 181207-1B
Session 228 181207-2A 181207-2B
Session 229 181207-3A 181207-3B
Session 230 181207-4A 181207-4B
Session 231 181207-5A 181207-5B

LEVEL 4 — STROKE IMPROVEMENT
This class develops confidence in the skills learned & helps improve other aquatic skills.
Mon - Thu 6:00pm 6:45pm
Session 227 181208-1A 181208-1B
Session 228 181208-2A 181208-2B
Session 229 181208-3A 181208-3B
Session 230 181208-4A 181208-4B
Session 231 181208-5A 181208-5B

LEVEL 5 — STROKE REFINEMENT
This class teaches the refinement of the front/back crawl, breaststroke, butterfly, elementary backstroke, sidestroke, and diving.
Mon - Thu 6:00pm 6:45pm
Session 227 181209-1A 181209-1B
Session 228 181209-2A 181209-2B
Session 229 181209-3A 181209-3B
Session 230 181209-4A 181209-4B
Session 231 181209-5A 181209-5B

LEVEL 6 — SWIMMING & SKILL PROFICIENCY
This class refines all 6 strokes so the child can swim with ease, efficiency, power & smoothness over greater distances. Option after completing include: Personal Water Safety, Fundamentals of Diving, and Fitness Swimmer.
Mon - Thu 6:00pm 6:45pm
Session 227 181210-1A 181210-1B
Session 228 181210-2A 181210-2B
Session 229 181210-3A 181210-3B
Session 230 181210-4A 181210-4B
Session 231 181210-5A 181210-5B

PRE-COMPETITIVE SWIM
For students who have passed Level 4 and want to build endurance and work on stroke technique.
Tue/Thur 7:30-8:30pm 6/17/19
181217-01 $73.00 4 wks
*No Class 7/1 & 7/3
Tue/Thur 7:30-8:30pm 7/22/19
181217-02 $83.00 5 wks

ADULT WATER AEROBICS
The viscosity and weight of the water provides an impact-free way to intensify your work out. All fitness levels welcome! Must be 18. Proper swim attire required.
CVHS Pool 7:30-8:30pm
4 wks
(161211-1A) Monday
$27/$324 Senior 6/17/19
(161211-1B) Wednesday
$27/$324 Senior 6/19/19
5 wks
(161211-1C) Monday
$34/$331 Senior 7/2/19
(161211-1D) Wednesday
$34/$331 Senior 7/4/19

ADULT LAP
Ideal exercise for any shape or fitness level! Must be 18. Proper swim attire required. We also have lap lanes available during open swim on Fridays from 6:30-7:30 pm.
CVHS Pool 7:30-8:30pm
4 wks
(161215-1A) Monday
$27/$324 Senior 6/17/19
(161215-1B) Wednesday
$27/$324 Senior 6/19/19
5 wks
(161215-1C) Monday
$34/$331 Senior 7/2/19
(161215-1D) Wednesday
$34/$331 Senior 7/4/19

To register see page 16
Spring 2019
chippewavalleyschools.org
POOL PARTIES

Hold your next function at
THE HIGH SCHOOL POOL
Great for Birthday Parties,
Cub Scouts, Girl Scouts,
or a Family Gathering!

CVS:
Tues or Thurs: 06/18/19 – 08/22/19
Friday: 04/26/19 – 06/14/19

Time:
7:30–8:30pm / Swim Time
8:30–9:30pm / Party Room

Fee:
$22/per hour for party room

Swim Fee:
$5.00 / Ages 12 & up
$4.00 / Ages 11 & under

Call 586-723-2058 TO RESERVE ROOM

SUMMER 2019 PROGRAMS

EARLY CHILDHOOD
Full and half day programs
Ages 6 weeks – 7 years of age
Monday-Friday • 6:30am - 6:00pm
Little Turtle, 50375 Card Road, Macomb
586.723.6950
See page 30 for more information

ENRICHMENT CAMPS
Ages 5-10 years of age
Monday-Thursday
Weekly Camps will be in July
*Camp Offerings will be posted in late May & June

BRIDGE TO KINDERGARTEN
For children entering Kindergarten in the Fall of 2019.
*Dates and Locations to be announced in May

CAMP SUCCESS
For students exiting grades K-5 in Spring of 2019. Program is by invitation only in May.

SUMMER SCHOOL FOR HIGH SCHOOL STUDENTS
Monday-Thursday • 8:00am to 2:30pm
All students must have written permission from their high school counselor to be accepted.
*Dates and Locations to be announced in late May.

AQUATICS
View the summer schedule on pages 18-21 for more information.
The Chippewa Valley School District has opened enrollment in our Bridge to Kindergarten Program. Timely registration will ensure your reservation for your child, as space is limited. These programs benefit all children by providing a structured learning environment during the summer months. Children will be exposed to literacy and math concepts in small group settings using a variety of materials. This program is a great way to prepare your child to enter school as a new kindergartener. Should you have any questions, please do not hesitate to contact your child’s school office.

**Bridge to Kindergarten - Tuition Only**

**Who:** Children that are entering Kindergarten in the Fall 2018-2019 school year.

**When:** July 8th — August 8th

**Days:** Monday — Thursday

Little Turtle Preschool 9:00-12:00 P.M. (no transportation available)

**Where:** Little Turtle Preschool (50375 Card Road, Macomb, MI 48044)

**Costs:** Tuition $233

Registration Deadline: To guarantee Registration your registration must be received by May 31, 2019

Each location will host an Open House on June 27th from 5:30-6:30 pm
ART BOX STUDIO ELEMENTARY
ART Box Studio Drawing is an introduction to basic drawing. A themed lesson will be presented bi-weekly. Learning how to observe and apply drawing skills, using graphite/color pencils, oil pastels and other mediums. Each session builds upon the last. The students are encouraged to draw independently and use creative expression. The goal is three fully finished drawings. Beginner through advanced students are welcome. Each class is a new experience. Any additional questions about the class, NOT REGISTRATION, should be directed to artboxstudio4u@gmail.com.

**Age:** 8-11
**Instructor:** Catherine Lawrence
**Mon** 4/15/19 4:00pm-5:00pm $81 6 wks
**Wed** 4/17/19 4:00pm-5:00pm $81 6 wks
**Thr** 4/18/19 3:30pm-4:30pm $81 6 wks

ART BOX STUDIO MIDDLE SCHOOL
Strengthen your drawing skills and challenge your creativity in an ART Box Studio Drawing Session. A variety of media will be introduced such as graphite, charcoal, pastel and more. Each session brings exciting new lessons. Beginner through advanced students are welcome. Each class is a new experience. Any additional questions about the class, NOT REGISTRATION, should be directed to artboxstudio4u@gmail.com. $5 material fee due to instructor on first day.

**Age:** 10-14
**Instructor:** Catherine Lawrence
**Mon** 4/22/19 6:00pm-7:30pm $92 5 wks

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COOKING
YOUTH IN THE KITCHEN
Give your child the gift of confidence and the joy of cooking. Learn to make delicious recipes, with plenty of tasting along the way! Our program offers hands-on cooking lessons which teaches more than just following a recipe. We utilize math, science, teamwork, creativity and more. Children will make one different item each class and bring it home along with a recipe card for their creation. For additional questions about the class, Weekend Wonders, Winter Comfort Creations, and Spring Holiday Treats are the themes for each respective class. NOT REGISTRATION, check out TeamFitCorp.com. Additional material fee of $6.50 is due at beginning of class and payable to instructor.

**Instructor:** Team Fit
**Ages:** 9+
**Location:** Chesterfield Senior Center
47275 Sugarbush Road Chesterfield, MI 48047

**Mon** 6/4/19 5:00pm-6:00pm $9 1 class
**Tue** 7/30/19 5:00pm-6:00pm $9 1 class
**Tue** 8/27/19 5:00pm-6:00pm $9 1 class

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If you have a background that includes a teachable skill, a clean criminal record, and the ability to work legally in the U.S., you can teach a class for Community Ed.

You can host your class in our building and have zero overhead cost. All payment comes from a share of enrollment, meaning if no one registers you do not lose any money. Earn a little extra cash on the side and see if you have the entrepreneurial spirit to pursue enrichment class teaching.

Set your minimum and maximum class size, enrollment cost, date and time (subject to schedule and building availability).

We DO NOT accept courses that are intended to sell any product or advice. Our classes have other requirements and conditions that may apply.

If you are interested, please contact us at 586-723-2058.
EDUCATIONAL

Instructor: A-1 Health & Safety

Class Location:
Henry Ford Macomb Hospital Offices
15855 19 Mile Road, Clinton Township, MI 48038

Room: Conference 4, 4th floor Medical Pavilion or McAuley A. CONFIRM ROOM AT INFO DESK IN MAIN LOBBY

Any additional questions about the class, NOT REGISTRATION, should be directed to nancy@a1cpr.com.

FIRST AID W/CPR/AED
Rescuers learn to recognize and help victims when faced with life-threatening emergencies. Manage sudden illness and injuries in the first few minutes until professional help arrives. Training includes CPR for all ages, use of AEDs, and use of barrier devices. Satisfies state requirement for Teachers, Child Day Care & Adult Day Care Licensing and OSHA requirements for First Responders. An American Heart Association Heartsaver First Aid with CPR/AED card, valid for two years, is issued to participants who successfully complete the course. Additional material Fee of $20 to be paid to instructor at beginning of class.

Ages: 14+

(460505-01)
Sat 5/11/19 9:00am-4:00pm $93 1 day

(460505-02)
Sat 6/15/19 9:00am-4:00pm $93 1 day

SAFE SITTER BABYSITTING
This nationally recognized babysitting course will teach participants to have safe and effective baby-sitting/childcare skills. A health educator covers first aid, CPR with mannequin practice, choking, age-appropriate activities, discipline, fire safety, crime safety, and more! Please bring paper and pencils, a bag lunch, and drink. Additional material fee of $20 is due at beginning of class and payable to instructor.

Ages: 11-14

(460409-01)
Sat 4/27/19 9:00am-3:30pm $42 1 day

(460409-02)
Sat 5/18/19 9:00am-3:30pm $42 1 day

(160409-01)
Fri 6/21/19 9:00am-3:30pm $42 1 day

(160409-02)
Fri 7/19/19 9:00am-3:30pm $42 1 day

(160409-03)
Fri 8/9/19 9:00am-3:30pm $42 1 day

Instructor: Sew Many Things

***** Sew Many Things Sewing Center, 35486 Groesbeck Highway, Clinton Township, MI 48035. ***** Any additional questions about the class, NOT REGISTRATION, should be directed to sewmanythingsle@yahoo.com.

LEARN MY SERGER
Use your machine or ours. Learn Serger basics such as threading, tension control, knives, and changing needles. Bring your Serger, manual, and all accessories (if you have one). Supplies: 4-5 Serger cone threads (to match dots on your machine), scissors and tweezers. E-mail sewmanythingsle@yahoo.com to get your supply list not included in class.

Ages: 14+

(460109-08)
Sun 5/5/19 12:00pm-3:00pm $43 1 class

LEARN MY SEWING MACHINE
You are given the choice of bringing in your machine or use ours. Class will cover sewing basics such as threading your machine, tension control, bobbin tension, specialty stitches, blind hemming and button holes. Bring sewing machine, manual and accessories (if you have one). All students bring scissors, thread, and tweezers. E-mail sewmanythingsle@yahoo.com to get your supply list not included in class.

Age: 14+

(460109-05)
Wed 4/24/19 1:00pm-4:00pm $43 1 class

(460109-06)
Fri 5/10/19 1:00pm-4:00pm $43 1 class

MACHINE EMBROIDERY BASICS
You must already know how to use your sewing machine for this class. We will aid you in learning the embroidery feature of your machine. You will learn how to hoop your fabric, pull up a design, and embroider it. Subjects such as stabilizer, embroidery thread, bobbin thread, and much more will be covered. E-mail sewmanythingsle@yahoo.com to get your supply list not included in class.

Ages: 14+

(460109-21)
Sun 5/5/19 1:00pm-4:00pm $50 1 class
BELLY DANCING FITNESS
Belly dancing for fitness and fun! We will use many belly dance moves — both isolations and combos — to tone muscles, build stamina, develop better posture, improve coordination, and master poise. Focus will also be placed on proper stance and technique in implementation. This is done by melding these moves together to create a fun and fascinating improvisation dancing style.
No supplies are needed, but a hip scarf and note keeper is optional. An excellent class for parents and children to take together! Any additional questions about the class, NOT REGISTRATION, should be directed to Laurie.

 ages: 8+
Instructor: Laurie Paquin-Leet
Location: Huron Elementary Gym (460302-01)
Tue 4/16/19 7:00pm-8:00pm $80  8 wks

LIL' DRAGONS KARATE
This program focuses on bringing out self-control, discipline, courtesy, and confidence from all its participants. The classes are designed for 4-8 years old and are taught in a fun and friendly atmosphere by professional instructors. There will be an exam for their next belt at the end of the 6-weeks (conducted at Butoku Karate Dojo). Additional costs: $20 for Official Karate Uniform and white belt.
Instructor: Butoku Karate

 ages: 4-8
Location: Shawnee Elementary Gym (430810-01)
Tue 4/16/19 6:00pm-6:45pm $59  6 wks

COED BOXING/ KICKBOXING WORKOUT
Open for beginners to the advanced. Get a great workout while learning and honing the sweet science of boxing and/or kickboxing. Learn the proper way to kick and punch using all the tools of a professional boxing gym. You must have hand protection and bring clean tennis shoes. Ages 12+ are welcome.

Instructor: Master K's Karate & Boxing
All Master K classes, unless noted otherwise, are held at Master K's Karate, 39789 Garfield Rd in Clinton Township, MI 48038. Any additional questions about the class, NOT REGISTRATION, should be directed to 586-566-1397

 COED BOXING/ KICKBOXING WORKOUT
Open for beginners to the advanced. Get a great workout while learning and honing the sweet science of boxing and/or kickboxing. Learn the proper way to kick and punch using all the tools of a professional boxing gym. You must have hand protection and bring clean tennis shoes. Ages 12+ are welcome.

Instructor: Master K's Karate & Boxing
All Master K classes, unless noted otherwise, are held at Master K’s Karate, 39789 Garfield Rd in Clinton Township, MI 48038. Any additional questions about the class, NOT REGISTRATION, should be directed to 586-566-1397

 YOUNG DRAGONS
This beginning karate class is designed as a positive introduction to the martial arts. Training touches on basic stances, kicking, blocking, balance, coordination, and self-defense to help build confidence and increase concentration. Wear loose, comfortable clothing. Uniform is not required.

 ages: 6-10
Instructor: Master K’s Karate & Boxing
Location: Master K's Karate

Mon 4/15/19 4:00pm-5:00pm $143 10 wks
Sat 4/20/19 12:00pm-1:00pm $143 10 wks

MINI-DRAGONS
This beginning karate class is designed as a positive introduction to the martial arts. Training touches on basic stances, kicking, blocking, balance, coordination, and self-defense to help build confidence and increase concentration. Wear loose, comfortable clothing. Uniform is not required.

 ages: 5-11
Instructor: Master K’s Karate & Boxing
Location: Master K's Karate

Mon 4/15/19 4:00pm-5:00pm $143 10 wks
Sat 4/20/19 12:00pm-1:00pm $143 10 wks

YOUNG DRAGONS
This beginning karate class is designed as a positive introduction to the martial arts. Training touches on basic stances, kicking, blocking, balance, coordination, and self-defense to help build confidence and increase concentration. Wear loose, comfortable clothing. Uniform is not required.

 ages: 6-10
Instructor: Master K’s Karate & Boxing
Location: Master K's Karate

Mon 4/15/19 4:00pm-5:00pm $143 10 wks
Sat 4/20/19 12:00pm-1:00pm $143 10 wks

NINJA/OBSTACLE COURSE RACING
Come join us at GRIT for Ninja and OCR classes. Test your skills and get trained on the latest trend of obstacles used in popular events and TV shows. These classes will focus on balance, grip, strength, cardio and strategy of how to work through the course and obstacles. Get fit, have fun, and maybe even join the GRIT competition team and become one tough Ninja! Create profile and sign waivers on the website: GritObstacleTraining.com

 ages: 5-8
Location: Iroquois Middle School Aux. Gym (490810-21)
Sat 4/27/19 11:00am-12:00pm $84  6 wks

Location: Iroquois Middle School Aux. Gym (490810-31)
Thr 5/2/19 6:00pm-7:00pm $40  4 wks

Location: Iroquois Middle School Aux. Gym (490810-32)
Tue 5/7/19 6:00pm-7:00pm $40  4 wks
**INSTRUCTOR PERMISSION REQUIRED**

Our competition Jazz, Tap or Lyrical classes are for those dancers who are looking for additional performance opportunities and to make a more serious commitment to dance. Lyrical incorporates both ballet and jazz for a dance style that is focused on showing musicality and emotion through movement. Must have 1 year experience in Jazz, Ballet or Lyrical. Dancers will compete at local competitions and at our end of the year recital. If you are interested in auditioning for our competition team, please contact us at danceonthemove@me.com

INSTRUCTORS
Our instructors are trained in many different styles of dance and fitness. There are years of experience between them, and they all strive to make their classes a positive and fun learning environment.

COMPETITION CLASSES
Auditions are held in May/June and again in September. Please contact danceonthemove@me.com for more information regarding our competition program.

MAKE-UP POLICY
There are no refund opportunities for students who miss class or to those who no longer wish to participate in the class. Instructors can give options for a make-up class or possible transfer to another class. Classes cancelled due to inclement weather conditions cannot be refunded, but may be made up if the instructor is able.
BALLET:
The foundation of all dance forms. Body placement, flexibility, balance, alignment, strength and technique are achieved through Barre exercises and center floor practice. Students will learn proper terminology and classical ballet movements set to classical and contemporary music. If you attend the class from September through June you will have the option of performing in the annual Recital at Chippewa Valley High School. Parents will have viewing days throughout the year to see what your dancers have been working on!

HIP HOP:
Upbeat music sets the tone for this dynamic and popular class! Our Hip Hop dance class is a high energy class, with age-appropriate music and movements which are used to create fun dance combinations and routines. Dancers will work on rhythm, precision of movements, body isolations, and conditioning to increase strength and stamina. If you attend the class from September through June you will have the option of performing in the annual Recital at Chippewa Valley High School. Parents will have viewing days throughout the year to see what your dancers have been working on!

JAZZ:
Dancers will focus on dance technique and style while learning new skills and choreography. Concentration will be on flexibility, leaps, jumps, and turns. Short dance combinations will be taught to work on musicality and the ability to connect steps and skills together. If you attend the class from September through June you will have the option of performing in the annual Recital at Chippewa Valley High School. Combinations and progressions will be taught to improve linking skills and learning choreography. Form fitting dance attire, jazz shoes, and hair pulled away from the face is required. No jeans, jean shorts, or skirts. Please see instructor before purchasing jazz shoes if participating in the recital. Class taught by Dance on the Move.

LYRICAL:
For those dancers who want a bit of a challenge! Lyrical incorporates both ballet and jazz for a dance style that is focused on showing musicality and emotion through movement. Must have 2+ yr experience in Jazz, Ballet or Lyrical. If you attend the class from September through June you will have the option of performing in the annual Recital at Chippewa Valley High School. Parents will have viewing days throughout the year to see what your dancers have been working on!

PETITE BALLERINA:
Basic Ballet for the littlest ballerina. Dancers will learn proper terminology and classical Ballet movements while singing and dancing. If you attend the class from September through June you will have the option of performing in the annual Recital at Chippewa Valley High School.

TAP:
Beginner tap classes will work on basic tap technique and the vocabulary associated with each movement. Combinations will be taught and put to music so that dancers can listen and learn the musicality of the dance form. Intermediate and advanced classes will combine more difficult and intricate rhythms and choreography, while continuing to perfect the basics with strong and clean sounds. If you attend the class from September through June you will have the option of performing in the annual Recital at Chippewa Valley High School. Parents will have viewing days throughout the year to see what your dancers have been working on! Class taught by Dance on the Move.
### Monday Classes

**4/15/2019**

<table>
<thead>
<tr>
<th>Class</th>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Ages</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Petite Ballerina (No Exp.)</td>
<td>4:30pm-5:00pm</td>
<td>Café</td>
<td>3½-5</td>
<td>$63 7 wks</td>
<td></td>
</tr>
<tr>
<td>Hip Hop Recital**</td>
<td>4:45pm-5:30pm</td>
<td>Gym</td>
<td>5-9</td>
<td>(490318-21)</td>
<td></td>
</tr>
<tr>
<td>Petite Ballerina Recital**</td>
<td>5:00pm-5:30pm</td>
<td>Café</td>
<td>4-6</td>
<td>(490318-37)</td>
<td></td>
</tr>
<tr>
<td>Jr Competition Jazz**</td>
<td>5:30pm-6:30pm</td>
<td>Gym</td>
<td>9-11</td>
<td>(490318-57)</td>
<td></td>
</tr>
<tr>
<td>Tap (1 Yr. Exp.)*</td>
<td>5:30pm-6:15pm</td>
<td>Café</td>
<td>5-11</td>
<td>(490318-29)</td>
<td></td>
</tr>
<tr>
<td>Teen Competition Jazz**</td>
<td>7:15pm-8:15pm</td>
<td>Gym</td>
<td>12-15</td>
<td>(490318-61)</td>
<td></td>
</tr>
</tbody>
</table>

### Tuesday Classes

**4/16/2019**

<table>
<thead>
<tr>
<th>Class</th>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Ages</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Petite Ballerina Recital**</td>
<td>4:45pm-5:15pm</td>
<td>Café</td>
<td>4-6</td>
<td>$72 8 wks</td>
<td></td>
</tr>
<tr>
<td>Ballet (2 Yr. Exp.)</td>
<td>5:15pm-6:00pm</td>
<td>Café</td>
<td>7-13</td>
<td>(490318-05)</td>
<td></td>
</tr>
<tr>
<td>Ballet (1 Yr. Exp.)*</td>
<td>6:00pm-6:45pm</td>
<td>Café</td>
<td>7-12</td>
<td>(490318-T3)</td>
<td></td>
</tr>
</tbody>
</table>

### Wednesday Classes

**4/17/2019**

<table>
<thead>
<tr>
<th>Class</th>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Ages</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ballet (1 Yr. Exp.)*</td>
<td>4:30pm-5:15pm</td>
<td>Café</td>
<td>5-10</td>
<td>$72 8 wks</td>
<td></td>
</tr>
<tr>
<td>Lyrical</td>
<td>5:00pm-5:45pm</td>
<td>Gym</td>
<td>9-11</td>
<td>(490318-13)</td>
<td></td>
</tr>
<tr>
<td>Ballet (1 Yr. Exp.)*</td>
<td>5:15pm-6:00pm</td>
<td>Café</td>
<td>6-12</td>
<td>(490318-3)</td>
<td></td>
</tr>
<tr>
<td>Teen Company Lyrical</td>
<td>6:45pm-7:45pm</td>
<td>LGL</td>
<td>13-18</td>
<td>(490318-17)</td>
<td></td>
</tr>
</tbody>
</table>

### Thursday Classes

**4/18/2019**

<table>
<thead>
<tr>
<th>Class</th>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Ages</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Beginner Hip Hop</td>
<td>5:30pm-6:15pm</td>
<td>Gym</td>
<td>5-9</td>
<td>$72 8 wks</td>
<td></td>
</tr>
</tbody>
</table>

### Tumbling Classes

**Location: Fox Elementary Gym**

#### Tumbling 1 (0-3 Yr. Exp.)

Students will learn tumbling skills including somersaults, bridges, backbends and cartwheels, headstands, and handstands.

**Location:** Fox Elementary Gym

**Ages:** 5-8

**Fee:** $72 8 wks

#### Tumbling 2 (1-3 Yr. Exp.)

Students will build skills at their own pace base on ability and will be taught new skills when they are ready for it. This course will build upon Tumbling 1 and add handstand-forward rolls, straddle somersaults, bridge variations, backbends, front limbers, dive rolls, combination, and more. Students must have taken Tumbling 1 or have teacher permission and can perform a bridge, cartwheel, forward/backward somersaults without assistance. If you attend the class from September through June, you will have the option of performing in the annual Recital.

**Location:** Fox Elementary Gym

**Ages:** 6-10

**Fee:** $72 8 wks

#### Tumbling 3

Tumbling/Acrobatics is focused on increasing students’ flexibility, strength, balance, coordination, and confidence. Class will work on proper body placement and alignment. Students will build skills at their own pace base on ability and will be taught new skills when they are ready for it. This class will focus on the basics of Levels 1 & 2 while adding more difficult skills. Students must have done level 2 or have teacher permission.

**Location:** Fox Elementary Gym

**Ages:** 8+

**Fee:** $30 7 wks
2019/2020 Classes

Little Turtle Early Childhood Center * 50375 Card Road, Macomb, MI 48044
www.chippewavalleyschools.org
OFFICE HOURS: Monday-Friday * 8:00 am to 4:00 pm

PRESCHOOL LOCATIONS:
Little Turtle Preschool & Mohawk Elementary School
GSRP/Curious Fours Programs at Clinton Valley, Fox and Huron Elementary Schools

REGISTRATION & TUITION RATES FOR 2019/2020 SCHOOL YEAR CAN BE FOUND ON OUR WEBSITE AFTER FEBRUARY 1, 2019:
WWW.chippewavalleyschools.org/departments/early-childhood/

3 & 4 YEAR PRESCHOOL 19/20
32 weeks of classes
September through June

3 DAYS…………….. M/W/F
2 DAYS…………….. M/W OR T/Th
(3 year old’s ONLY on M/W)
5 DAYS…………….. M-F (at Mohawk location 4 year olds ONLY)

Available both AM and PM, 2 or 3 days a week, for 2.5 hours a day. Children must be 3 or 4 years old by September 1, 2019.

YOUNG FIVES
4 DAYS…………….. M-Th
At Mohawk Elementary available AM or PM, 3 hours a day. Children must be 5 years old by December 1st, 2019.

PLEASE NOTE: First month’s payment, plus a non-refundable $75 for one student or $90 per family registration fee, is due at registration for Preschool and Young Fives students. Please bring a copy of your child’s birth certificate and immunization record. Transportation is NOT provided. 10% discount on tuition for the second child enrolled at the same time.

EXTENDED CARE
INFANTS/TODDLERS
Ages 6 weeks to 3 years
Billed Hourly

PRESCHOOL EXTENDED DAY
3 and 4 year olds
Billed Hourly

PLEASE NOTE: Child Care and All Day Preschool daytime hours are from 6:30 am to 6:00 pm, Monday through Friday for extended day children.

$200 deposit, plus a non-refundable $75 for one student or $90 per family registration fee, is due at registration. Please bring a copy of your child’s birth certificate and immunization record. Transportation is NOT provided.

GSRP- Free Preschool to those who qualify. Contact 586-723-2225 for more information.

SUMMER PROGRAMS AVAILABLE
Visit our website for more information.
GED PREPARATION AND HIGH SCHOOL COMPLETION CLASSES

Students age 20 and over as of 9/1/19 will work independently using GED Preparation and High School Completion software in our state-of-the-art computer learning lab while receiving support from certified teachers. Students are required to attend an orientation.

ON-SITE GED PREP LAB

- Ability to take one GED test section at a time
- Computer based instruction in math, language arts, science, and social studies

LAB HOURS

- Monday – Thursday • 9am – 9pm
- Friday • 9am – 2pm

CLASSES

September through June

Held at the Adult and Community Education Center - 19230 Cass Avenue, Clinton Township

A High School diploma may be closer than you think!

Contact Academic Advisor, Jacqueline Frederiksen at 586-723-2053.

Registration fee per year:

$40 Refundable upon completion of requirements and program.

ORIENTATION

All prospective students must attend an orientation session. At the orientation session, you will learn about the program and have an opportunity to schedule your pre-test.

FOR MORE INFORMATION PLEASE GO TO:

www.chippewavalleyschools.org/departments/community-ed/high-school-completion--ged-preparation/

A High School diploma may be closer than you think!

Contact Academic Advisor, Jacqueline Frederiksen at 586-723-2053.

FEE:

$37.50/section
4 sections total

TESTING SITE:

Adult & Community Education Center
19230 Cass Avenue - Clinton Township

GED TESTING TIMES:

Wednesdays: 12:30 PM to 4:30 PM
Fridays: 2:15 PM to 6:15 PM

ON TESTING DATE:

You need a valid drivers license, or legal photo ID. Arrive on time as all latecomers must reschedule at their own cost.

For more information call (586) 723-2050

For a detailed list of Macomb County Adult Education services, visit:

http://mscadultlearners.org/
3 Easy Ways to Register

See Page 15 for Registration Terms

1. ONLINE:
   See page 15 for details!
   https://onlinereg.cvs.k12.mi.us/

2. MAIL-IN:
   Confirmations ARE NOT mailed.
   Please note the mail may not reach us in time to register for the class.

3. WALK-IN:
   Register at EITHER LOCATION:
   19230 Cass Ave, Clinton Township, MI 48038,
   OR 50375 Card Road, Macomb Township, MI –
   Monday – Friday 8:00 am – Noon & 1:00 pm–4:00 pm

WE ACCEPT CASH, CHECK, MASTERCARD, VISA

Questions regarding registration, online help, or our programs, or running your own class? Feel free to call us or leave us a message at the appropriate number below.

Youth/Adult Enrichment and Trips: 586-723-2050
Early Childhood: 586-723-6950

ESL www.chippewavalleyschools.org/departments/community-ed/english-as-a-second-language/
GED www.chippewavalleyschools.org/departments/community-ed/high-school-completion--ged-preparation/