

ORDER OF EVENTS

SHOT PUT

LONG JUMP

HIGH JUMP

1600-METER RUN

55-METER HURDLES

800-METER RELAY

800-METER RUN (7th only)

800-METER RUN (8th only)

100-METER DASH

400-METER RUN

70-METER DASH (7th only)

70-METER DASH (8th only)

200-METER HURDLES

200-METER RUN

1600-METER RELAY (7th only)

1600-METER RELAY (8th only)

400-METER RELAY

EVEN YEARS – BOYS RUN FIRST

ODD YEARS – GIRLS RUN FIRST

TRACK MEETS CAN END ANYWHERE FROM 5:30-6:00 OR
LATER DEPENDING UPON THE NUMBER OF THE ATHLETES
RUNNING. **THIS IS AN APPROXIMATION**

MY EVENTS:

EVENT 1: _____

EVENT 2: _____

EVENT 3: _____