

PARENTING GAZETTE

Parenting Just Got Easier



Chippewa Valley
Coalition for
Youth and Families

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Have “Serious” Conversations With Your Young Child and Build Language Skills!

According to a recent Dutch study, young children, ages 3 to 6 years old, who had “serious” conversations (those involving considerable discussion) with their parents developed much better language skills than children who did not have such conversations. In addition, the children of parents who read to them and told them stories tended to have well-developed oral skills.

Netherlands Organization for Scientific Research

Risk-Taking Behavior and the Teen Brain

A research study found that the brains of teens showed greater release of the brain chemical, dopamine, associated with taking risks, than the brains of adults or younger children. The researchers concluded that this brain difference may explain the strong tendency toward risk-taking behavior in teens. They promoted the need for continued parental involvement and supervision during the teen years.

University of California at Los Angeles

Yogurt Reduces Infections and Other Ailments in Children

A research experiment found that children, ages 3 to 6 years, who regularly ate probiotic yogurt (yogurt with “good” bacteria) had less infections, coughs, and stomach aches than those children who ate regular yogurt or no yogurt at all.

Georgetown University Medical Center

Parental Involvement in Elementary School Promotes Social Skills in Children

A recently released study found that children whose parents were actively engaged in their elementary school tended to be better behaved, less aggressive, and to have more age-appropriate social skills.

Child Development Journal

American Academy of Pediatrics: All Children Should Be Screened for Alcohol Use

The American Academy of Pediatrics (AAP) has advised physicians nation-wide that children and teens should be asked about alcohol use as part of a regular health interview. The AAP advises that, given research showing that the brain continues to develop until someone is in his/her 20s and studies that support the negative effects of alcohol use on the developing brain, alcohol screening should be routine.

American Academy of Pediatrics

The Chippewa Valley Coalition for Youth and Families joins parents, school and community in promoting safe, healthy and drug-free youth and supporting families. For more information, please call 586/723-2360.