

PARENTING GAZETTE

Parenting Just Got Easier



April 2010

Prom Night - 90 Percent of Teens Surveyed Say Their Peers Are More Likely to Drink and Drive

A new national survey of teens found that most (90%) believe that it is more likely that those their age will drink and drive on the night of prom. Seventy-nine percent indicated that their peers were more likely to drive after drinking on graduation night. **The importance of parents sending no-drinking and no drinking and driving messages was emphasized.**

Liberty Mutual Insurance and SADD

Children Outgrow “Growing Pains”

A study found that most children do not experience growing pains, aches in joints and muscles common during childhood, after they are 13 years old. Researchers suggest that if severe and frequent pains persist after that time, a child's physician should be consulted.

Journal of Pediatrics

Improve Grades by Connecting School Performance to Goals in the Future

A study of middle school students conducted by a Harvard University researcher found that, when there are parent-child discussions about the connection between doing well in school and future career goals and when parents assisted children in developing better study behaviors, academic performance improved. Improvement was beyond that achieved with parental homework help alone.

Developmental Psychology, American Psychological Association

Middle School Children: Drinking and R-Rated Movies

A study conducted by the Dartmouth Medical School found that middle school-age children who do not watch R- Rated films are far less likely to start drinking than those whose parents allow them to watch R-Rated movies.

Journal of Studies on Alcohol and Drugs

Boys Use of Video Games May Interfere with Learning

Research on the effects of video games discovered that boys, ages 6 to 9 years who had access to video games, tended to have less developed reading and writing skills and more learning problems than those children who did not have regular access to video games.

LiveScience