

Resources for parents

CARE of Southeastern Michigan

<https://www.careofsem.com/>

Services and programs offered include:

Parents – parenting classes to help navigate the challenges of today

Student / Youth – mental health, alcohol/substance use prevention, critical incident stress management, Youth counseling and outpatient treatment. For information on Youth services, call 586-541-2273.

Prevention Services – alcohol, tobacco, & drugs; suicide and depression; bullying

Clinical & Treatment Services – Substance Abuse; outpatient; specialized assessments;

Student Assistance: assessments and screenings for children and adolescents

MacombFamily Services, Inc.

<https://macombfamily.org/>

Services offered include:

Mental Health

Domestic Violence and Anger Management

Substance Use / Abuse



<https://perspectivesoftroy.com/groups-workshops/>

Groups and services offered include:

Academic Motivation

Codependency

Social Skills

Anger Management / Self
Control

Parenting

Teen Edge

Anxiety

Self Esteem

Teen Substance

Self-Harm

Abuse

Community Resources

Chippewa Valley Coalition for Youth and Families:

https://www.chippewavalleyschools.org/downloads/community_relations/resources_to_assist_families_6-2-20.pdf

For food, mortgage/rent, utilities, medical bills, transportation, domestic violence, crisis intervention, and more

Macomb County Crisis Center – Call 586-307-9100

Talk with a Trained Counselor If you are in a crisis or overwhelmed by any situation, 24 hours a day, 7 days a week. Private, confidential, and you don't have to give your name.

Making the Right Connection: <http://connection.misd.net/>

Resources for everything from Adoption to Child Care to Food to Homelessness to Transportation, and more.

Good Shepherd Coalition: <http://www.gscmacomb.org/>

Services include: Food pantry, financial assistance for shut-off notices and evictions. **586-307-8888.**

ACADEMIC SUPPORT

- Grand Valley State University's K-12 Connect

<https://www.gvsu.edu/k12connect/k-12-connect-virtual-tutoring-2.htm>

Free, virtual 1:1 tutoring/homework support service.

Subjects include: Spanish, German, Mandarin, Math, English, Science, Social Studies

- **Wolverine Tutors: Free tutoring services through University of Michigan**

<https://www.wolverinetutors.org/>

- **Clinton-Macomb Public Library: Free tutoring services w/ CMPL membership card**

<https://lhh.tutor.com/default.aspx?ProgramGUID=0b454265-cc05-4195-b5dd-8b8698372ba8&InterfaceId=2&InterfaceType=InterfaceType=K12#>