

# Knowing My 8 Rules for Safety

**1.** I always **check first** with my parents or the person in charge before I go anywhere or get into a car, even with someone I know.

**2.** I always **check first** with my parents or a trusted adult before I accept anything from anyone, even from someone I know.

**3.** I always **take a friend with me** when I go places or play outside.

**4.** I **know my name, address, telephone number, and my parents' names.**

**5.** I **say no** if someone tries to touch me or treat me in a way that makes me feel scared, uncomfortable, or confused.

**6.** I **know that I can tell my parents or a trusted adult** if I feel scared, uncomfortable, or confused.

**7.** It's **OK to say no**, and I **know that there will always be someone who can help me.**

**8.** I **am strong, smart, and have the right to be safe.**

- **CHECK FIRST**
- **TAKE A FRIEND**
- **TELL SOMEONE I TRUST IF SOMETHING IS WRONG**
- **STAY STRONG, SMART, AND SAFE**

The National Center for Missing & Exploited Children® (NCMEC), established in 1984 as a private, nonprofit organization, serves as a clearinghouse of information on missing and exploited children; provides technical assistance to individuals and law-enforcement agencies; offers training programs to law-enforcement and social-service professionals; distributes photographs and descriptions of missing children worldwide; coordinates child protection efforts with the private sector; networks with nonprofit service providers and state clearinghouses on missing-person cases; and provides information on effective state legislation to ensure the protection of children per 42 USC § 5771 and 42 USC § 5780.

A 24-hour, toll-free telephone line is available, throughout the United States and Canada, for those who have information on missing and exploited children at 1-800-THE-LOST (1-800-843-5678). The toll-free number when dialing from Mexico is 001-800-843-5678, and the "phone free" number when dialing from Europe is 00-800-0843-5678. The CyberTipline is available for online reporting of these crimes at [www.cybertipline.com](http://www.cybertipline.com). The TTY line is 1-800-826-7653. The NCMEC web-site address is [www.missingkids.com](http://www.missingkids.com).

For information on the services provided by our NCMEC branches, please call them directly in California at 714-508-0150, Florida at 561-848-1900, Kansas City at 816-756-5422, New York at 585-242-0900, and South Carolina at 803-254-2326.

A number of publications, addressing various aspects of the missing- and exploited-child issue, are available free-of-charge in single copies by contacting the

Publications Department  
National Center for Missing & Exploited Children  
Charles B. Wang International Children's Building  
699 Prince Street  
Alexandria, Virginia 22314-3175  
U.S.A.

U.S.A.  
Alexandria, Virginia 22314-3175  
699 Prince Street  
Charles B. Wang International Children's Building  
National Center for Missing & Exploited Children

The National Center for Missing & Exploited Children (NCMEC) is the national clearinghouse and resource center funded under Cooperative Agreement 98-MC-CX-K002 from the Office of Juvenile Justice and Delinquency Prevention, Office of Justice Programs, U.S. Department of Justice. Points of view or opinions in this work are those of NCMEC and do not necessarily represent the official position or policies of the U.S. Department of Justice.

National Center for Missing & Exploited Children® is a registered service mark of the National Center for Missing & Exploited Children.

